



Australian Government

SHBBFAS005 Provide facial treatments and skin care recommendations

Release: 1

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Modification History

Supersedes and is not equivalent to SHBBFAS002 Provide facial treatments and skin care recommendations.

Application

This unit describes the performance outcomes, skills and knowledge required to provide facial treatments to meet client needs.

It requires the ability to establish priorities with clients, synthesise knowledge of cosmetic chemistry and nutrition, and to design and provide facial routines and advice on products and protection of facial skin. Facials can be a single treatment or form part of a series of treatments.

The unit applies to beauty therapists who work in beauty salons and spas. In this environment they are part of a team but make independent treatment decisions.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Unit Code	Unit Title
SHBBSSC001	Incorporate knowledge of skin structure and functions into beauty therapy
SHBBSSC002	Incorporate knowledge of body structures and functions into beauty therapy

Competency Field

Facial Services

Unit Sector

Beauty

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Establish client priorities.

2. Design and recommend facials.

3. Prepare for facial treatment.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Access and review client treatment plan if available.
- 1.2. Discuss facial requirements, changes in skin over lifetime, current skin care regimen, lifestyle and nutrition influences with client to establish treatment objectives.
- 1.3. Conduct skin analysis, assessing areas of normal facial skin, levels of lipids and skin hydration, degree of photo aging and pigmentation and scar tissue as required.
- 1.4. Classify client skin and discuss outcomes with client.
- 1.5. Identify contraindications to facial treatment, and refer client to appropriate professional as required.
- 1.6. Identify common disorders that can be treated within scope of practice, as required.
- 1.7. Establish medical history, medication, and obtain medical approval prior to treatment, as required.

- 2.1. Design proposed facial to achieve client objectives.
- 2.2. Discuss benefits and potential adverse effects with client.
- 2.3. Explain recommendations for duration, frequency and cost of facial to client.
- 2.4. Develop or modify treatment plan, record updates and obtain client consent.

- 3.1. Check readiness of treatment area and availability of equipment.
- 3.2. Present self, according to organisational policy.
- 3.3. Prepare facial treatment products and equipment.
- 3.4. Comply with health and hygiene regulations and requirements.
- 3.5. Use energy, water and other resources efficiently during preparation and subsequent treatment process.

4. Cleanse skin.
 - 4.1. Remove make-up and cleanse skin according to treatment plan.
 - 4.2. Steam and exfoliate according to treatment plan.
 - 4.3. Extract milia and comedones and apply antiseptic products as required.
5. Provide facial massage.
 - 5.1. Apply massage medium to face, neck, décolletage and shoulders.
 - 5.2. Apply massage movements and adapt massage length and movements to suit elasticity of the skin, subcutaneous fat, and client needs.
 - 5.3. Vary rhythm and repetition of movements to suit client needs.
 - 5.4. Monitor client reactions and adjust massage techniques if required.
6. Apply specialised products.
 - 6.1. Apply and remove mask according to treatment plan and manufacturer recommendations.
 - 6.2. Apply post treatment skin care products according to treatment plan and manufacturer recommendations.
 - 6.3. Allow post treatment recovery time in a relaxing environment.
7. Review facial.
 - 7.1. Evaluate facial treatment with client.
 - 7.2. Record outcomes of treatment on client treatment plan.
 - 7.3. Manage client expectations of potential outcomes.
 - 7.4. Update treatment plan and records, and rebook client as required.

8. Provide post treatment skin care recommendations.
- 8.1. Assess effectiveness of current skin care regimen and products of client.
 - 8.2. Discuss effects of sun and environment on skin and recommend strategies and products to minimise damage.
 - 8.3. Promote healthy nutrition options and discuss effect of adequate nutrition on skin.
 - 8.4. Select, recommend and sell to client a skin care regimen and products based on client requirements.
 - 8.5. Identify contraindicated ingredients for clients as required.
9. Clean treatment area.
- 9.1. Remove used linen and clean surfaces and equipment according to organisational policies and procedures.
 - 9.2. Restock equipment and products in preparation for next treatment.
 - 9.3. Dispose of general waste to minimise negative environmental impacts according to organisational policies and procedures.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	- interpret and follow manufacturer instructions and safety data sheets for dilution, handling and disposal of cleaning and treatment products - interpret product manuals on safe and effective use of cosmetic formulations and ingredients.
Writing skills to:	record treatment using basic anatomy and physiology terminology to describe facial areas and anatomical positions.
Oral communication skills to:	- provide simple explanations to client that describe the physiological processes of skin damage and how specialised facials, products and advice will impact on its appearance - protect confidentiality of client information by ensuring that other clients and colleagues do not overhear discussions.

- Numeracy skills to:
- calculate treatment duration, sequencing, costs and pricing
 - calculate cosmetic ingredient quantities and ratios to assess effectiveness of formulations.
- Learning skills to:
- use knowledge of cosmetic chemistry ingredients to assess environmental impact and disposal methods.
- Problem-solving skills to:
- respond to contraindications and adverse effects.
- Planning and organising skills to:
- sequence the treatment and products application to maximise the treatment outcomes.
- Technology skills to:
- access credible online publications and resources that build knowledge for providing advice to clients
 - use client software to update client notes, record stock data and product purchases
 - safely use and maintain electrical devices.

Unit Mapping Information

Supersedes and is not equivalent to SHBBFAS002 Provide facial treatments and skin care recommendations.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>