



Australian Government

SHBBFAS003 Provide specialised facial treatments

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to provide specialised facial treatments incorporating the use of ultrasonic, direct current, high frequency and micro current devices.

It requires the ability to establish priorities with clients and synthesise knowledge of skin, performance of electrical machines and allied cosmetic products, and to design and provide treatments to address specific skin types and conditions. Not all equipment is used in each specialised facial treatment. Specialised facials can be a single treatment or form part of a series of treatments.

This unit applies to beauty therapists who work in beauty therapy salons. In this environment they work in a team but make independent treatment decisions.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Facial Services

Unit Sector

Beauty

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes.

1. Establish client priorities.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element

- 1.1 Access and review client treatment plan if available.
- 1.2 Discuss facial requirements, changes in skin over lifetime, current skin care regimen, lifestyle and nutrition influences to establish their treatment objectives.
- 1.3 Conduct skin analysis, assessing areas of normal facial

- skin, levels of lipids and skin hydration, degree of photo aging and pigmentation and scar tissue as required.
- 1.4 Classify client skin and discuss outcomes with client.
 - 1.5 Identify contraindications to facial treatment, and refer client to appropriate professional as required.
 - 1.6 Identify common skin diseases and disorders that can be treated within scope of practice, as required.
 - 1.7 Establish medical history, medication, and obtain medical approval prior to treatment, as required.
2. Design and recommend specialised facials.
 - 2.1 Design proposed facial for treatments to achieve client objectives.
 - 2.2 Discuss benefits of selected formulations and devices and potential adverse effects with client.
 - 2.3 Explain recommendations for duration, frequency and cost of facial to client.
 - 2.4 Modify treatment plan, record updates and obtain client consent.
 3. Prepare for specialised facial treatment.
 - 3.1 Check readiness of treatment area and availability of equipment.
 - 3.2 Select facial treatment products and equipment.
 - 3.3 Prepare client, ensuring metallic jewellery, contact lens and hearing aids have been removed.
 - 3.4 Maintain client comfort and modesty throughout treatment.
 - 3.5 Position self and client to minimise fatigue and risk of injury.
 - 3.6 Use energy, water and other resources efficiently during preparation and subsequent treatment process.
 4. Cleanse skin using ultrasonic or direct current.
 - 4.1 Remove make-up and cleanse skin according to treatment plan.
 - 4.2 Apply cleansing medium and select ultrasonic parameters.
 - 4.3 Apply ultrasonic device according to predetermined pattern, at correct angle ensuring that skin remains moist as required.
 - 4.4 Provide desincrustation treatment using direct current as required.
 - 4.5 Remove cleansing medium according to manufacturer instructions.
 5. Remove minor skin blemishes and infuse serums.
 - 5.1 Steam and exfoliate as required.
 - 5.2 Extract milia and comedones as required.
 - 5.3 Apply high frequency to facial treatment areas, as required.
 - 5.4 Use direct current or sonophoresis to infuse serums according to skin type and conditions.

- 5.5 Remove excess product as required.
6. Provide micro current treatment.
- 6.1 Check current on self and return dials to zero.
- 6.2 Select application method using electrodes, rollers, probes or gloves as required.
- 6.3 Apply micro current gel or cream according to manufacturer instructions.
- 6.4 Select treatment parameters and apply micro current as required.
7. Complete treatment.
- 7.1 Apply and remove mask as required.
- 7.2 Apply post treatment skin care products according to treatment plan.
- 7.3 Allow post treatment recovery time in relaxation area.
8. Review treatment and provide post treatment advice.
- 8.1 Evaluate specialised facial with client.
- 8.2 Review current skin care regimen and recommend products that support client skin priorities and maintain skin between treatments.
- 8.3 Design and recommend future treatments to support client priorities.
- 8.4 Manage client expectations of potential outcomes.
- 8.5 Update treatment plan and rebook client as required.
9. Clean treatment area.
- 9.1 Remove used linen and clean surfaces and equipment and attachments according to organisational policies and procedures.
- 9.2 Restock equipment and products in preparation for next treatment.
- 9.3 Dispose of general waste to minimise negative environmental impacts according to organisational policies and procedures.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

Skill	Description
Reading skills to:	<ul style="list-style-type: none"> interpret and follow manufacturer instructions and safety data sheets for dilution, handling and disposal of cleaning and treatment products source and interpret credible information from: <ul style="list-style-type: none"> anatomy, physiology, skin science, cosmetic chemistry and nutrition publications

- electrical currents and ultrasound technology publications and trade journals
 - anatomical charts and models
 - interpret product and equipment information on safe use of cosmetic formulations, ingredients and device parameters.
- Writing skills to:
- complete workplace documentation for electrical safety problems and equipment faults.
- Oral communication skills to:
- select and use appropriate anatomy and physiology terminology in consultation with clients
 - provide simple explanations to client that describe the physiological processes of skin damage and ageing and how the selected device, products and advice will impact skin appearance
 - protect confidentiality of client information by ensuring that other clients and colleagues do not overhear discussions
 - discuss contraindications and precautions tactfully.
- Numeracy skills to:
- calculate treatment duration, treatment sequencing, costs, product quantities and prices
 - measure cosmetic ingredient quantities and ratios to assess effectiveness of formulations
 - calculate treatment parameters for individual device
- Learning skills to:
- use knowledge of cosmetic chemistry ingredients to assess environmental impact and disposal methods.
- Planning and organising skills to:
- sequence the treatment and products application to maximise the treatment outcomes.
- Technology skills to:
- access credible online publications and resources which build knowledge for providing advice to clients
 - use software interfaces on equipment
 - use client software to update client notes, and record stock data and product purchases
 - use electrical currents, ultrasound devices or combination in treatment steps that will maximise outcomes for client and minimise skin damage
 - use electrical equipment to identify and address safety issues and recognise limitations in use in specialised facials.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>