Assessment Requirements for
SHBBFAS002 Provide facial treatments and skin care recommendations

Release: 1
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Modification History
Not applicable.

Performance Evidence
Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- communicate, follow and adjust treatment plans to provide six safe and appropriate facial treatments to clients with the following skin types and conditions:
  - dry/alipid/lipid
  - oily/lipid
  - diffused red
  - mature skin
  - mild acne
  - erythema
- design a series of four treatments and product recommendations for three of these clients to address client priorities
- recognise contraindications, skin diseases and disorders relevant to facials and products as listed in the Knowledge Evidence
- explain to each client as appropriate the development of skin conditions and the benefits and limitations of facial treatments available for:
  - acne
  - rosacea
  - comedones, open and closed
  - pigmented skin
  - photoaged skin
  - scars
- provide facial treatments to each of the following areas as appropriate to the above clients:
  - back of neck
  - face
  - décolletage
  - neck
  - shoulders
- design and provide facial treatments that demonstrate the following treatment steps and techniques:
  - client skin analysis
  - skin cleansing
• skin steaming:
  • towel
  • steamer
• exfoliation:
  • manual or brush machine
  • product
• facial massage movements:
  • effleurage
  • petrissage
  • tapotement
  • vibration
• application and removal of facial mask
• application of facial finishing products
• vary repetition, rhythm and variation of massage movements to adapt to client needs
• remove minor skin blemishes:
  • milia
  • comedones
• design, record and maintain treatment plans and records for each client specifying the following details:
  • client feedback
  • contraindications and conditions
  • facial treatment provided and products used
  • outcomes of previous and current treatment
  • post treatment lifestyle and product advice
  • recommended future treatments
  • relevant medical history and medications
  • treatment duration, areas treated and not treated
  • treatment objectives
• present self, according to organisational policy
• comply with health and hygiene regulations and requirements
• clean, prepare and maintain treatment area according to organisational policy.

Knowledge Evidence
Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:
• federal, state or territory and local health, hygiene and skin penetration regulations and requirements relevant to facial treatments
• organisational policies and procedures relevant to facial treatments:
  • client record management
  • equipment use and maintenance
• incident reporting
• linen use and laundry procedures
• personal hygiene and presentation
• presentation of treatment area
• waste and disposal
• work health and safety
• legal and insurance liabilities and responsibilities regarding treatments

scope of practice:
• when to refer clients to other practitioners
• importance of not stating a diagnosis of a contraindication or conditions
• limitations of facial treatments
• role of complementary therapist and medical practitioner

factors likely to affect suitability of treatment for client:
• budgetary and time constraints
• outcomes of previous treatment
• client skin biology
• client willingness to follow home care advice

effects and benefits of two comprehensive and professional skin care ranges:
• role in each step of a facial treatment
• benefits to skin
• effect of ingredients on skin

effects and benefits of each stage of facial on the physical structure of the skin:
• cleansing
• exfoliation
• extractions
• mask
• massage
• steaming

position and action of superficial muscles in the face, throat and chest
interdependence of body systems and their relationship to a healthy body and skin:
• skeletal, muscular and nervous systems and relationship to the face and neck
• nervous system and its relationship to skin sensations
• lymphatic, digestive, respiratory, and circulatory systems and their relationship to skin functions, thermoregulation and homeostasis
• endocrine and reproductive systems in relationship to hormonal influences on skin:
  • age related changes
  • effect of hormones on skin
  • hair growth and loss
  • menstrual cycle skin changes
  • pigmentation
• sebaceous and sweat gland secretion
• basic nutrition guidelines and relationship between nutrition and healthy skin
• foods which may have an effect on the skin or are contraindicated when using specific products
• skin anatomy:
  • gross and microscopic
  • epidermis, dermis and subcutaneous
  • differences depending on location
• function and role of skin:
  • as the integumentary system
  • epidermal cells
  • epidermal appendages and dermal structures
  • homeostasis
  • protection
  • role in skin of tissues:
    • connective
    • nervous
    • vascular
    • sensation
    • thermoregulation
    • vitamin D production
• structure and distribution of skin glands
• production, composition, functions and control of skin gland secretions:
  • sebum
  • eccrine and apocrine sweat fluids
• appearance and characteristics of skin types:
  • dry/alipid/lipid dry
  • oily/lipid
  • diffused red
• normal body flora
• electromagnetic spectrum and effect of light on skin
• physiological basis of skin colour:
  • factors that contribute to skin colour
  • structure and location of melanocytes and keratinocytes and responses to ultraviolet radiation
• relationship between skin type, minimal erythemal dose, skin protection factor and sunscreen use
• Fitzpatrick skin types
• skin as a sense organ:
  • process of nerve conduction
  • stimuli and skin receptors
• systems and pathways of sensory and motor neuronal conduction
• types of receptors
• variations in sensory perception and their significance to facials
• function, formation and behaviour of major skin chemicals:
  • complex fatty acids
  • complex lipids:
    • phospholipids
    • sphingolipids
  • glycosaminoglycans
  • lipids:
    • saponifiable
    • non-saponifiable
  • proteins:
    • soluble
    • insoluble
    • collagen
    • elastin
    • keratin
• growth, development, ageing and healing of human skin:
  • cell division and differentiation
  • growth of epidermis
  • normal ageing and photoageing
  • stages in wound healing
  • theories about ageing
  • wound healing:
    • hypertrophic
    • keloid
    • origin and evolution of scars
• normal skin responses to irritation and trauma
• skin conditions:
  • acne
  • eczema and atopic dermatitis
  • hair disorders
  • pigmentation disorders
  • vascular disorders
  • seborrhoeic dermatitis
• trans-epidermal water loss
• differences between therapeutic, cosmetic and ‘cosmeceutical’ products
• concepts of cosmetic chemistry
• formulation, function and action of cosmetic emulsions and ingredients:
- anti-oxidants
- emollients
- humectants
- moisturisers
- occludents

- formulation, function and action cosmetic ingredients:
  - liposome types, structures and uses
  - oils
  - surfactants
  - thickeners
  - waxes

- chemical formulations of facial products:
  - exfoliants
  - face masks
  - peels

- contraindications to specific cosmetic formulations and ingredients identified in product information

- contraindications which prevent facial treatment or require clearance from a medical professional to proceed and their relationship to facials:
  - bacterial, fungal, parasitic and viral infections
  - cancer
  - clients with symptoms of infectious disease
  - pigmented lesions
  - recent cosmetic treatments such as injectables, intense pulsed light, laser, dermabrasion
  - undiagnosed lumps

- contraindications which restrict treatment and appropriate modifications to treatment:
  - allergies
  - areas exhibiting loss of tactile sensation
  - dysfunction of the nervous system
  - inflammations and swellings
  - medications that cause thinning or inflammation of the skin
  - skin trauma
  - recent scar tissue

- appearance, possible medical treatments and limitations of facial treatments on skin conditions, diseases and disorders:
  - acne
  - closed comedones/milia
  - couperose
  - dehydration/trans epidermal water loss
- dermatitis and eczema
- erythema
- ichthyosis
- lupus erythematosus
- mature
- photoaged
- pigmentation disorders
- open comedones
- scleroderma
- seborrhoea
- sensitive/diffused red skin
- skin tumours
- urticaria
- physiology of adverse reactions to facial treatments and products and appropriate remedial action:
  - allergic reactions
  - erythema/skin inflammation
  - normal skin responses to irritation and trauma
  - skin blemishes
  - skin inflammation
- lifestyle factors and benefits of lifestyle changes on skin:
  - alcohol consumption
  - climate
  - exercise routine
  - hobbies
  - nutrition
  - sleeping patterns
  - tobacco consumption
  - type of employment
- sustainable operating procedures for the conservation of product, water and power
- aftercare advice, products and future treatments to maintain client treatment objectives.

Assessment Conditions
Skills must be demonstrated in a beauty industry environment; this can be:
- a beauty industry workplace or
- a simulated beauty workplace set up for the purpose of skills assessment, that provides services to paying members of the public.

Assessment must ensure access to:
• paying clients, both new and regular, with different facial treatment requirements, who have the expectation that the services provided reflect those of a commercial business
• hand washing facilities:
  • basin
  • hot and cold running water
  • liquid soap
  • single use towels or hand dryer
• relevant workplace documentation:
  • blank client records
  • organisational policies and procedures relevant to facial treatments
  • manufacturer instructions for equipment
  • safety data sheets for cleaning products and, where applicable, for treatment products
  • product manuals listing product ingredients, formulations, labelling and guidelines for use.

Assessment must ensure use of:
• bowls
• brushes for application of products
• cleaning and disinfection products and equipment
• client gowns and hair protectors
• disposable facial wipes, microlances, spatulas, tissues
• disposable gloves
• equipment:
  • facial steamer
  • hot towel cabinet
  • magnifying lamp
  • Woods lamp
• individual work station consisting of:
  • adjustable treatment table with safe working access to both sides and ends
  • individual electricity supply
  • operator chair
  • trolley for products, bowls and equipment
• treatment products from two comprehensive professional skin care ranges
• treatment towels or linen, or disposable linen.

Assessment activities that allow the individual to:
• complete facial treatments within commercially realistic speed, timing and productivity
• demonstrate competency in an environment reflective of real work situations
• manage tasks and contingencies in the context of the job role.
Assessors must satisfy the Standards for Registered Training Organisation’s requirements for assessors and:

- hold a qualification as a beauty therapist
- have worked as a beauty therapist for at least three years where they have applied the skills and knowledge of this unit of competency.

**Links**

Companion Volume implementation guides are found in VETNet -
[https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898](https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898)