Assessment Requirements for 
SHBBFAS002 Provide facial treatments 
and skin care recommendations
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Modification History
Not applicable.

Performance Evidence
Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- communicate, follow and adjust treatment plans to provide six safe and appropriate facial treatments to clients with the following skin types and conditions:
  - dry/alipid/lipid
  - oily/lipid
  - diffused red
  - mature skin
  - mild acne
  - erythema
- design a series of four treatments and product recommendations for three of these clients to address client priorities
- recognise contraindications, skin diseases and disorders relevant to facials and products as listed in the Knowledge Evidence
- explain to each client as appropriate the development of skin conditions and the benefits and limitations of facial treatments available for:
  - acne
  - rosacea
  - comedones, open and closed
  - pigmented skin
  - photoaged skin
  - scars
- provide facial treatments to each of the following areas as appropriate to the above clients:
  - back of neck
  - face
  - décolletage
  - neck
  - shoulders
- design and provide facial treatments that demonstrate the following treatment steps and techniques:
  - client skin analysis
• skin cleansing
• skin steaming:
  • towel
  • steamer
• exfoliation:
  • manual or brush machine
  • product
• facial massage movements:
  • effleurage
  • petrissage
  • tapotement
  • vibration
• application and removal of facial mask
• application of facial finishing products
• vary repetition, rhythm and variation of massage movements to adapt to client needs
• remove minor skin blemishes:
  • milia
  • comedones
• design, record and maintain treatment plans and records for each client specifying the following details:
  • client feedback
  • contraindications and conditions
  • facial treatment provided and products used
  • outcomes of previous and current treatment
  • post treatment lifestyle and product advice
  • recommended future treatments
  • relevant medical history and medications
  • treatment duration, areas treated and not treated
  • treatment objectives
• present self, according to organisational policy
• comply with health and hygiene regulations and requirements
• clean, prepare and maintain treatment area according to organisational policy.

Knowledge Evidence
Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:
• federal, state or territory and local health, hygiene and skin penetration regulations and requirements relevant to facial treatments
• organisational policies and procedures relevant to facial treatments:
  • client record management
• equipment use and maintenance
• incident reporting
• linen use and laundry procedures
• personal hygiene and presentation
• presentation of treatment area
• waste and disposal
• work health and safety
• legal and insurance liabilities and responsibilities regarding treatments
• scope of practice:
  • when to refer clients to other practitioners
  • importance of not stating a diagnosis of a contraindication or conditions
  • limitations of facial treatments
  • role of complementary therapist and medical practitioner
• factors likely to affect suitability of treatment for client:
  • budgetary and time constraints
  • outcomes of previous treatment
  • client skin biology
  • client willingness to follow home care advice
• effects and benefits of two comprehensive and professional skin care ranges:
  • role in each step of a facial treatment
  • benefits to skin
  • effect of ingredients on skin
• effects and benefits of each stage of facial on the physical structure of the skin:
  • cleansing
  • exfoliation
  • extractions
  • mask
  • massage
  • steaming
• position and action of superficial muscles in the face, throat and chest
• interdependence of body systems and their relationship to a healthy body and skin:
  • skeletal, muscular and nervous systems and relationship to the face and neck
  • nervous system and its relationship to skin sensations
  • lymphatic, digestive, respiratory, and circulatory systems and their relationship to skin functions, thermoregulation and homeostasis
• endocrine and reproductive systems in relationship to hormonal influences on skin:
  • age related changes
  • effect of hormones on skin
  • hair growth and loss
  • menstrual cycle skin changes
- pigmentation
- sebaceous and sweat gland secretion
- basic nutrition guidelines and relationship between nutrition and healthy skin
- foods which may have an effect on the skin or are contraindicated when using specific products
- skin anatomy:
  - gross and microscopic
  - epidermis, dermis and subcutaneous
  - differences depending on location
- function and role of skin:
  - as the integumentary system
  - epidermal cells
  - epidermal appendages and dermal structures
  - homeostasis
  - protection
  - role in skin of tissues:
    - connective
    - nervous
    - vascular
    - sensation
  - thermoregulation
  - vitamin D production
- structure and distribution of skin glands
- production, composition, functions and control of skin gland secretions:
  - sebum
  - eccrine and apocrine sweat fluids
- appearance and characteristics of skin types:
  - dry/alipid/lipid dry
  - oily/lipid
  - diffused red
- normal body flora
- electromagnetic spectrum and effect of light on skin
- physiological basis of skin colour:
  - factors that contribute to skin colour
  - structure and location of melanocytes and keratinocytes and responses to ultraviolet radiation
- relationship between skin type, minimal erythemal dose, skin protection factor and sunscreen use
- Fitzpatrick skin types
- skin as a sense organ:
  - process of nerve conduction
• stimuli and skin receptors
• systems and pathways of sensory and motor neuronal conduction
• types of receptors
• variations in sensory perception and their significance to facials
• function, formation and behaviour of major skin chemicals:
  • complex fatty acids
  • complex lipids:
    • phospholipids
    • sphingolipids
  • glycosaminoglycans
• lipids:
  • saponifiable
  • non-saponifiable
• proteins:
  • soluble
  • insoluble
  • collagen
  • elastin
  • keratin
• growth, development, ageing and healing of human skin:
  • cell division and differentiation
  • growth of epidermis
  • normal ageing and photoageing
  • stages in wound healing
  • theories about ageing
  • wound healing:
    • hypertrophic
    • keloid
    • origin and evolution of scars
• normal skin responses to irritation and trauma
• skin conditions:
  • acne
  • eczema and atopic dermatitis
  • hair disorders
  • pigmentation disorders
  • vascular disorders
  • seborrheic dermatitis
• trans-epidermal water loss
• differences between therapeutic, cosmetic and ‘cosmeceutical’ products
• concepts of cosmetic chemistry
- formulation, function and action of cosmetic emulsions and ingredients:
  - anti-oxidants
  - emollients
  - humectants
  - moisturisers
  - occludents
- formulation, function and action cosmetic ingredients:
  - liposome types, structures and uses
  - oils
  - surfactants
  - thickeners
  - waxes
- chemical formulations of facial products:
  - exfoliants
  - face masks
  - peels
- contraindications to specific cosmetic formulations and ingredients identified in product information
- contraindications which prevent facial treatment or require clearance from a medical professional to proceed and their relationship to facials:
  - bacterial, fungal, parasitic and viral infections
  - cancer
  - clients with symptoms of infectious disease
  - pigmented lesions
  - recent cosmetic treatments such as injectables, intense pulsed light, laser, dermabrasion
  - undiagnosed lumps
- contraindications which restrict treatment and appropriate modifications to treatment:
  - allergies
  - areas exhibiting loss of tactile sensation
  - dysfunction of the nervous system
  - inflammations and swellings
  - medications that cause thinning or inflammation of the skin
  - skin trauma
  - recent scar tissue
- appearance, possible medical treatments and limitations of facial treatments on skin conditions, diseases and disorders:
  - acne
  - closed comedones/milia
  - couperose
• dehydration/trans epidermal water loss
• dermatitis and eczema
• erythema
• ichthyosis
• lupus erythematosus
• mature
• photoaged
• pigmentation disorders
• open comedones
• scleroderma
• seborrhoea
• sensitive/diffused red skin
• skin tumours
• urticaria
• physiology of adverse reactions to facial treatments and products and appropriate remedial action:
  • allergic reactions
  • erythema/skin inflammation
  • normal skin responses to irritation and trauma
  • skin blemishes
  • skin inflammation
• lifestyle factors and benefits of lifestyle changes on skin:
  • alcohol consumption
  • climate
  • exercise routine
  • hobbies
  • nutrition
  • sleeping patterns
  • tobacco consumption
  • type of employment
• sustainable operating procedures for the conservation of product, water and power
• aftercare advice, products and future treatments to maintain client treatment objectives.

**Assessment Conditions**

Skills must be demonstrated in a beauty industry environment; this can be:

• a beauty industry workplace or
• a simulated beauty workplace set up for the purpose of skills assessment, that provides services to paying members of the public.
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Assessment must ensure access to:

- paying clients, both new and regular, with different facial treatment requirements, who have the expectation that the services provided reflect those of a commercial business
- hand washing facilities:
  - basin
  - hot and cold running water
  - liquid soap
  - single use towels or hand dryer
- relevant workplace documentation:
  - blank client records
  - organisational policies and procedures relevant to facial treatments
  - manufacturer instructions for equipment
  - safety data sheets for cleaning products and, where applicable, for treatment products
  - product manuals listing product ingredients, formulations, labelling and guidelines for use.

Assessment must ensure use of:

- bowls
- brushes for application of products
- cleaning and disinfection products and equipment
- client gowns and hair protectors
- disposable facial wipes, microlances, spatulas, tissues
- disposable gloves
- equipment:
  - facial steamer
  - hot towel cabinet
  - magnifying lamp
  - Woods lamp
- individual work station consisting of:
  - adjustable treatment table with safe working access to both sides and ends
  - individual electricity supply
  - operator chair
  - trolley for products, bowls and equipment
- treatment products from two comprehensive professional skin care ranges
- treatment towels or linen, or disposable linen.

Assessment activities that allow the individual to:

- complete facial treatments within commercially realistic speed, timing and productivity
- demonstrate competency in an environment reflective of real work situations
manage tasks and contingencies in the context of the job role.

Assessors must satisfy the Standards for Registered Training Organisation’s requirements for assessors and:

- hold a qualification as a beauty therapist
- have worked as a beauty therapist for at least three years where they have applied the skills and knowledge of this unit of competency.

Links

Companion Volume implementation guides are found in VETNet - https://vetnet.education.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898