



Australian Government

**Assessment Requirements for
SHBCCS006 Prepare personalised
aromatic plant oil blends for beauty
treatments**

Release: 1

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Modification History

Supersedes and is not equivalent to SHBBCCS002 Prepare personalised aromatic plant oil blends for beauty treatments.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- design and provide personalised treatments for five different clients using aromatic plant oil blends that together, include each of the following:
 - body massage
 - facial massage
 - hand or foot massage
 - spa treatment
- design a second treatment aromatic oil blend for three of these clients to address ongoing client needs
- develop and update treatment plans and records for each client specifying details of:
 - client feedback
 - contraindications and conditions
 - ingredients and ratio of ingredients used in oil blends
 - delivery method
 - post treatment aromatic oil and lifestyle advice
 - relevant medical history and medications
 - treatment duration and areas treated and not treated
 - treatment objectives
 - recommended future treatments
- explain the effects and benefits of aromatic plant oils to each of these clients for:
 - relaxation
 - stress reduction
 - skin care
- prepare and apply aromatic plant oil preparations for two of the above treatments using at least two of the following preparations:
 - hydrosols
 - compresses
 - poultices
 - vaporisations.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- state or territory and local health and hygiene regulations and requirements relevant to preparing personalised aromatic plant oil blends for beauty treatments
- national regulations relating to cosmetics and preparations:
 - Therapeutic Goods Act
 - regulation of aromatic plant oils
- organisational policies and procedures relevant to preparing personalised aromatic plant oil blends for beauty treatments:
 - client record management
 - incident reporting
 - linen use and laundry
 - personal hygiene and presentation
 - presentation of treatment area
 - storage and handling of products
 - waste disposal
 - work health and safety
- legal and insurance liabilities and responsibilities regarding aromatic oils and preparation of blends
- scope of practice:
 - when to refer clients to other practitioners
 - importance of not stating a diagnosis of a contraindication
 - limitations to aromatic plant oils use
 - role of complementary therapist and medical practitioner
- factors likely to affect suitability of treatments for client needs:
 - budgetary and time constraints
 - outcomes of previous treatments
 - physical attributes
- effects and benefits of aromatic plant oil application methods:
 - compresses
 - facial and body massage
 - hand and foot massage
 - hydrosols
 - poultices
 - spa treatments
 - vaporisations
- properties, profiles, plant family, botanical and common names, effects and benefits, toxic effects and contraindications of aromatic plant oils:
 - basil

- bergamot
- cedarwood
- chamomile
- citrus: orange, grapefruit, lemon, lime, mandarin, tangerine
- clary sage
- cypress
- eucalyptus
- frankincense
- geranium
- ginger
- juniper
- lavender
- lemongrass
- rose
- rosemary
- rosewood
- sandalwood
- tea tree
- patchouli
- peppermint
- ylang ylang
- olfactory sense in regard to aromatic plant oils
- organic chemistry of aromatic plant oils:
 - carbon backbone, elements and bonds
 - functional groups
 - chemical terminology:
 - isoprene unit
 - aliphatic molecule
 - terpene and terpenoid compound
 - monoterpene and sesquiterpene
 - monoterpenol and sesquiterpenol
- organic chemistry of carrier oils and additives and interactions with aromatic plant oil chemistry
- contraindications that prevent treatment or require clearance from a medical professional to proceed:
 - aroma triggered epilepsy
 - contagious bacterial, fungal, parasitic and viral infections
 - cancer
 - clients with symptoms of infectious disease
 - contraindications to specific treatments including:

- fractures in the case of beauty treatment
- extreme fatigue
- extremes of body temperature
- pain that is chronic or does not have a logical explanation:
 - local
 - sharp
 - dull
 - deep
 - surface
- contraindications that restrict treatment and appropriate modifications to treatment and choice of oils:
 - allergies to specific aromatic oils
 - areas exhibiting loss of sensation
 - asthma
 - dizziness
 - fragile skin
 - inflammation
 - lumps and tissue changes
 - migraines and headaches
 - rashes
 - recent chemical peels, epilation, Intense Pulsed Light, laser or microdermabrasion treatment
 - recent scar tissue
 - severe oedema
 - skin trauma
- adverse and beneficial interactions of aromatic plant oils when blended
- client reactions to application of blended aromatic plant oils and required remedial action:
 - erythema
 - nausea
 - headache
 - dizziness
- use of the following ingredients in aromatic oil blends and treatments:
 - additives
 - aromatic oils
 - carrier oils
 - other mediums
- olfactory sense in regard to aromatic plant oil
- care, handling and storage of blended aromatic plant oils:
 - clear and accurate labelling
 - decanting and resealing

- protection from light
- temperature control
- sustainable operating procedures for the conservation of product, water and power
- aftercare advice, products and future treatments to maintain client treatment objectives.

Assessment Conditions

Skills must be demonstrated in a beauty industry environment; this can be:

- a beauty industry workplace or
- a simulated beauty workplace set up for the purpose of skills assessment, that provides services to paying members of the public.

Assessment must ensure access to:

- paying clients with different treatment requirements using aromatic plant oils, who have the expectation that the services provided reflect those of a commercial business
- aromatic plant oil preparation and storage area
- hand washing facilities:
 - basin
 - hot and cold running water
 - liquid soap
 - single use towels or hand dryer
- relevant workplace documentation:
 - aromatic oil product information and safety data sheets
 - equipment instructions
 - organisational policies and procedures relevant to preparing personalised aromatic plant oil blends for beauty treatments.

Assessment must ensure use of:

- aromatic plant oils
- carrier oils
- aromatic plant oil equipment for measuring, mixing and storing:
 - beakers
 - dark glass bottles and closures
 - bowls
 - labels
 - pipettes
- vaporisers
- cleaning and disinfection products and equipment
- client gowns and hair protectors
- individual work station consisting of:
 - adjustable treatment table with safe working access at both ends and sides
 - trolley or stable surface for product and bowls

- material to make compresses and poultices
- treatment towels or linen, or disposable linen.

Assessment activities that allow the learner to:

- complete preparation of blends within commercially realistic speed, timing and productivity
- demonstrate competency in an environment reflective of real work situations
- manage tasks and contingencies in the context of the job role.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors and:

- hold a qualification as a beauty therapist
- have worked as a beauty or spa therapist for at least three years where they have applied the skills and knowledge of this unit of competency.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>