



Australian Government

SHBBCCS002 Prepare personalised aromatic plant oil blends for beauty treatments

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to select and blend aromatic plant oils for use in face and body treatments to meet specific client needs.

It requires the ability to establish priorities with the client, synthesise knowledge of aromatic plant oil chemistry and the therapeutic profiles of aromatic oils, and to select and blend aromatic plant oils.

The unit applies to beauty and spa therapists who work in beauty salons, massage clinics and spas. In this environment they work as part of a team but make independent treatment decisions.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Client Services

Unit Sector

Beauty

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes.

1. Establish client objectives.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1 Access and review client treatment plan if available.
- 1.2 Identify client contraindications to individual aromatic oils and exclude from blend design.
- 1.3 Identify aromatic oil preferences of clients and consider inclusion in design of blend.

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| 2. Design oil blend. | 2.1 Apply aromatic plant oil chemistry and aromatic oil information to evaluate effective aromatic oils for client. |
| | 2.2 Determine effects of interactions between selected aromatic and carrier oils and modify design of blend accordingly. |
| | 2.3 Select optimum delivery method and calculate ratios of each aromatic oil to ensure effective treatment. |
| | 2.4 Explain recommended aromatic plant oils and their effects to client, confirming ingredients and delivery method. |
| 3. Set up for blending. | 3.1 Check readiness of preparation area and availability of equipment. |
| | 3.2 Check aromatic oils to ensure availability, viability and compliance with expiry dates. |
| | 3.3 Use energy, water and other resources efficiently during preparation and blending process. |
| 4. Prepare aromatic oil blends. | 4.1 Ensure adequate ventilation in preparation area. |
| | 4.2 Measure and mix selected aromatic oils, carrier oil, additives and other mediums according to blend design. |
| | 4.3 Minimise deterioration of aromatic oils and blends according to aromatic plant oil chemistry and aromatic oil information. |
| 5. Provide treatment using aromatic plant oils. | 5.1 Apply aromatic plant oil blend according to treatment plan. |
| | 5.2 Minimise wastage of oils and handle safely to minimise deterioration. |
| | 5.3 Monitor client reactions and adjust treatment as required. |
| 6. Review treatment and provide post treatment advice. | 6.1 Evaluate treatment outcomes with client. |
| | 6.2 Provide advice on care of common skin disorders within scope of practice. |
| | 6.3 Manage client expectations of potential outcomes. |
| | 6.4 Recommend home care, lifestyle changes, aromatic oils and future treatments as required. |
| | 6.5 Update treatment plan and rebook client as required. |
| 7. Clean treatment area. | 7.1 Remove used linen and clean surfaces and equipment according to organisational policies and procedures. |
| | 7.2 Restock equipment and products for next treatment. |
| | 7.3 Store aromatic oils and prepared blends to minimise light and heat exposure and evaporation. |
| | 7.4 Dispose of general waste and aromatic oil wastes to minimise negative environmental impacts according to organisational policies and procedures. |

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

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| Reading skills to: | <ul style="list-style-type: none">• interpret and follow manufacturer information including plant oil origin, chemical analysis and safety data sheets for safe use of aromatic oils• interpret and follow manufacturer instructions and safety data sheets for dilution, handling, storage and disposal of cleaning products. |
| Writing skills to: | <ul style="list-style-type: none">• record oil blends using botanical name of aromatic oils. |
| Oral communication skills to: | <ul style="list-style-type: none">• select and use appropriate terminology in consultations with clients and discussions with team members. |
| Numeracy skills to: | <ul style="list-style-type: none">• calculate treatment cost and timing• calculate dilutions and ratios of aromatic and carrier oils. |
| Self-management skills to: | <ul style="list-style-type: none">• maintain practitioner self-care practices including ventilation in treatment area, fresh air between clients and water intake. |
| Technology skills to: | <ul style="list-style-type: none">• access credible online publications and resources that build knowledge of use of aromatic oils• use client software to update client notes, record stock data and product purchases. |

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>