



Australian Government

SHBBBOS011 Provide superficial lymph massage treatments

Release: 1

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Modification History

Supersedes and is not equivalent to SHBBBOS006 Provide superficial lymph massage treatments.

Application

This unit describes the performance outcomes, skills and knowledge to provide superficial lymph massage for the treatment of specific skin and body conditions. It requires the ability to interpret a treatment plan, and to select and apply superficial lymph massage techniques.

This unit applies to beauty therapists with knowledge of the anatomy and physiology of the lymphatic system, the role of the lymphatic system in wound healing, inflammation and oedema and the biology of acne conditions. They provide treatments in beauty therapy or medical cosmetic clinics. Treatment may be performed post-operatively under medical supervision. They exercise judgement in planning and implementing an appropriate treatment program.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Unit Code	Unit Title
SHBBSSC001	Incorporate knowledge of skin structure and functions into beauty therapy
SHBBSSC002	Incorporate knowledge of body structures and functions into beauty therapy
SHBXCCS006	Promote healthy nutritional options in a beauty therapy context

Competency Field

Body Services

Unit Sector

Beauty

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Establish client priorities.

2. Prepare for treatment.

3. Provide lymphatic massage.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Access and review client treatment plan if available.
- 1.2. Discuss massage requirements and lifestyle factors with client and identify treatment priorities.
- 1.3. Review indications for treatment, contraindications and client feedback and modify treatment plan as required.
- 1.4. Identify contraindications which prevent treatment and recommend suitable alternative treatments or refer client to appropriate professional as required.
- 1.5. Confirm treatment objectives and develop or revise treatment plan with client.
- 1.6. Obtain written medical approval as required.
- 2.1. Clean and check readiness of treatment area and availability of equipment according to organisational policy.
- 2.2. Prepare client, equipment and products based on agreed treatment plan.
- 2.3. Present self, according to organisational policy.
- 2.4. Use energy, water and other resources efficiently during preparation and subsequent treatment process.
- 2.5. Comply with health and hygiene regulations and requirements.
- 3.1. Position self to minimise fatigue and risk of injury.
- 3.2. Apply superficial lymph massage routine according to treatment plan.
- 3.3. Ensure client modesty and comfort throughout treatment.
- 3.4. Maintain infection control procedures throughout treatment.
- 3.5. Monitor effects and modify massage appropriately.
- 3.6. Apply post treatment products according to manufacturer instructions.

4. Review treatment and provide post treatment advice.
 - 4.1. Evaluate lymph massage treatment with client.
 - 4.2. Record outcomes of treatment on client treatment plan.
 - 4.3. Advise client on expected reactions and provide home care and lifestyle advice.
 - 4.4. Discuss next treatment and rebook client as required.
 - 4.5. Complete and store treatment documentation.

5. Clean treatment area.
 - 5.1. Remove used linen and clean surfaces and equipment according to organisational policies and procedures.
 - 5.2. Restock equipment and products in preparation for next treatment.
 - 5.3. Dispose of general waste to minimise negative environmental impacts according to organisational policies and procedures.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	• interpret and follow manufacturer instructions and safety data sheets for dilution, handling and disposal of cleaning products • source and interpret credible information from anatomy and physiology publications and anatomical charts and models.
Writing skills to:	• record treatment using anatomy and physiology terminology to describe body areas and anatomical positions related to lymph massage.
Oral communication skills to:	• select and use appropriate terminology in consultations with clients • protect confidentiality of client information by ensuring that other clients and colleagues do not overhear discussions • calculate treatment price and timing.

- Self-management skills to:
- manage treatment length
 - recognise scope of practice issues and refer clients to colleagues or health care professionals.
- Technology skills to:
- access credible online publications and resources that build knowledge for providing advice to clients
 - use client software to update client notes, and record stock data and product purchases.

Unit Mapping Information

Supersedes and is not equivalent to SHBBBOS006 Provide superficial lymph massage treatments.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>