

# RGRPSH501 Plan and adapt training and conditioning programs for racehorses

Release: 1

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### **Modification History**

Release	Comments	
Release 1	This version released with RGR Racing and Breeding Training Package Version 2.0.	

## **Application**

This unit of competency describes the skills and knowledge required to develop training and conditioning plans for racing horses, assess horse adaptation to the plan and modify the program for individual horses.

The unit applies to individuals who have specialist knowledge, skills and experience in caring for and managing racing horses safely in various environments.

All work must be carried out to comply with workplace procedures, in accordance with applicable state/territory animal welfare and workplace health and safety legislative requirements.

Licensing, legislative, regulatory or certification requirements apply to this unit. Users are advised to check with the relevant Principal Racing Authority (PRA) for current requirements.

# Pre-requisite Unit

Nil

#### **Unit Sector**

Performance services horse (PSH)

#### **Elements and Performance Criteria**

Performance Criteria	
Performance criteria describe the performance needed to demonstrate achievement of the element.	
1.1 Assess behavioural indicators of fitness and health of the horse 1.2 Analyse and assess physiological indicators of horse	

Approved Page 2 of 5

Elements	Performance Criteria		
Elements describe the essential outcomes.	Performance criteria describe the performance needed to demonstrate achievement of the element.		
	fitness and health		
	1.3 Evaluate performance indicators of horse fitness and adaptation to workload of current education program		
2. Prepare conditioning	2.1 Determine options for training horses in first preparation		
programs for horses	2.2 Determine options for training horses returning from injury		
	2.3 Evaluate options for adapting training programs for improved fitness status		
	2.4 Prepare and document conditioning program for individual horses according to relevant regulations, including for racing, safety and animal welfare		
	2.5 Appoint driver or rider, giving due consideration to capabilities of horse in order to maximise horse performance		
3. Review performance of	3.1 Analyse and monitor trackwork times and recovery rate		
individual horses and modify programs	3.2 Gather feedback and reports on horse condition and performance from riders or drivers and other relevant personnel		
	3.3 Determine the need for any corrective or remedial gear to improve individual horse performance		
	3.4 Review diet and modify to achieve optimum performance		
	3.5 Compare individual horse performance to racing goals		
	3.6 Modify conditioning program in response to review of performance		

# **Foundation Skills**

This section describes those language, literacy, numeracy and employment skills that are essential for performance in this unit of competency but are not explicit in the performance criteria.

Skill	Description		
Reading	Extract technical information relating to individual horse performance and rules of racing from a range of documentation		

Approved Page 3 of 5

Skill	Description		
Writing	Prepare written training and conditioning programs and specifications for individual horses using clear language, accurate industry terminology and logical structure		
Numeracy	Interpret trackwork times and distances Calculate quantities of feed and supplements for conditioning program Interpret ratios, percentages and comparative data relating to individual racehorse performance		
Oral communication	Participate in verbal exchanges to obtain, explain and clarify information about individual horse training and conditioning programs using language and terminology appropriate for audience		
Navigate the world of work	Work independently and collectively, taking responsibility for plans, decisions and outcomes relating to individual racehorse training and conditioning programs  Follow regulatory requirements, including for racing, safety and animal welfare, relevant to own role and area of responsibility		
Interact with others	Select and use appropriate communication protocols and conventions when seeking or sharing information with others		
Get the work done	Organise and plan programs for multiple racehorses; monitoring actions against stated goals and adjusting plans and resources in response to changing conditions		

# **Unit Mapping Information**

Code and title current version	Code and title previous version	Comments	Equivalence status
RGRPSH501 Plan and adapt training and conditioning programs for racehorses	RGRPSH501A Plan and adapt training and conditioning programs for racehorses	Updated to meet Standards for Training Packages. Minor changes to performance criteria for clarity and to address safety.	Equivalent unit

# Links

Companion Volumes, including Implementation Guides, are available at VETNet - <a href="https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5c4b8489-f7e1-463b-81c8-6ecce6c192a0">https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5c4b8489-f7e1-463b-81c8-6ecce6c192a0</a>

Approved Page 4 of 5

Approved Page 5 of 5