



**Australian Government**

**Assessment Requirements for RGRPSH501  
Plan and adapt training and conditioning  
programs for racehorses**

**Release: 1**

# Assessment Requirements for RGRPSH501 Plan and adapt training and conditioning programs for racehorses

## Modification History

Release	Comments
Release 1	This version released with RGR Racing and Breeding Training Package Version 2.0.

## Performance Evidence

An individual demonstrating competency in this unit must satisfy all of the elements and performance criteria of this unit. There must be evidence that the individual has planned and adapted a training and conditioning plan for at least one standardbred or thoroughbred horse in first preparation stage and one returning from injury, including for each:

- analysed and evaluated current fitness and education of individual horse
- prepared and implemented conditioning program
- reviewed performance of individual horse and modified program.

## Knowledge Evidence

An individual must be able to demonstrate the knowledge required to perform the tasks outlined in the elements and performance criteria of this unit. This includes knowledge of:

- behavioural, physiological and performance indicators of horses:
  - types of behaviour, body language and social traits, including normal, abnormal and distressed horse behaviour
  - types and features of physiological indicators
  - performance indicators to evaluate horse response to current workload
  - horse health and emergency care procedures
- principles and practices of racehorse conditioning programs:
  - impact of diet, nutrition and general health on horse performance
  - variations in conditioning program requirements for various ages and classes of horses
  - factors to consider for horses in first preparation and other stages of racing preparation
  - considerations for horses returning from injury
  - symptoms and signs of adaptation to training and conditioning programs
  - types and purpose of corrective and remedial gear
- current industry performance requirements for racing:
  - current trackwork times for various distances and stages of racing preparation

- classes and types of racing in Australia
- industry terminology related to training and conditioning programs for racing horses
- protocols for trackwork on licensed tracks
- racing industry standards and expectations relevant to training and conditioning racehorses:
  - communication procedures within stable and wider racing industry
  - racing industry animal welfare requirements
  - workplace health and safety obligations.

## Assessment Conditions

Assessment of skills must take place under the following conditions:

- physical conditions:
  - racing training establishments, training and racetracks
- resources, equipment and materials:
  - at least one standardbred or thoroughbred horse in first preparation
  - at least one standardbred or thoroughbred horse returning from injury
  - materials and equipment to plan, adapt and modify training and conditioning programs for racehorses
- specifications:
  - work instructions and related workplace documentation on individual racehorse performance.

Training and assessment strategies must show evidence of the use of guidance provided in the *Companion Volume: User Guide: Safety in Equine Training*.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

## Links

Companion Volumes, including Implementation Guides, are available at VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5c4b8489-f7e1-463b-81c8-6ecce6c192a0>