



Australian Government

POLCOV072 Manage stress in a covert environment

Release: 1

POLCOV072 Manage stress in a covert environment

Modification History

Release	Comments
1	This unit was released in POL Police Training Package release 8.0

Application

This unit describes the skills required to manage personal stress and support others when working in a covert environment. It applies to candidates working as police officers involved in covert environments. The skills and knowledge described in this unit must be applied within the legislative, regulatory and policy environment in which they are carried out. Organisational policies and procedures must be consulted and adhered to, particularly those related to work health and safety (WHS). Candidates undertaking this unit would work both autonomously and within teams as required. They would be required to apply critical thinking and analytical skills to effectively engage in a covert environment. The candidate would demonstrate ethical and professional policing qualities while performing complex tasks and show adaptability across a broad range of contexts.

No licensing, legislative or certification requirements apply to the unit at the time of publication.

Pre-requisite Unit

Not applicable

Competency Field

Covert

Unit Sector

Not applicable

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
Elements describe the essential outcomes of the unit	Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Assess personal stress in a covert environment	1.1 Identify potential sources of stress to inform the development of stress mitigation strategies. 1.2 Assess warning signs of personal stress to identify mitigation requirements. 1.3 Identify own requirements for support networks and resources to assist in managing own stress. 1.4 Consult with support services to develop mitigation strategies.
2. Manage personal stress	2.1 Monitor own wellbeing to identify factors affecting stress level. 2.2 Seek support to assist in managing factors affecting own stress level. 2.3 Implement mitigation strategies to minimise personal stress and maintain effectiveness of personal well-being.
3. Provide support to team members	3.1 Monitor behaviour of team members to identify signs of stress. 3.2 Communicate with team members to debrief and encourage management of stress. 3.3 Identify support network and resources to respond to wellbeing concerns. 3.4 Support the management of stress in a team environment.

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance. Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed in the table below.

The ability to interpret messages and text, record observations and evidence, communicate with purpose to different communities and audiences, plan and schedule tasks according to estimated timeframes, continuously seek to learn through on-the-job observations, solve problems, work with others in a team, plan and organise activities and self-manage behaviour are core foundation skills relevant to the policing context.

Skill	Description
Learning	Develop an understanding of human stress factors to support team members. Reflect on own stressors and behaviours within a team environment. Identify and evaluate the effectiveness of support networks.

Oral communication	Use oral communication strategies to identify stress within teams. Use communication techniques to extract intelligence and informational value from human sources. Use oral communication to create debriefs for team members.
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Range of Conditions

Not applicable

Unit Mapping Information

This unit replaces but is not equivalent to *POLCOV015 Manage stress in a covert environment*.

Links

Companion Volume implementation guides are found in VETNet -
<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=98c3984e-2cf1-48a8-8ed1-85e4b92e7351>