



Australian Government

Department of Education, Employment and Workplace Relations

HLTREM504C Apply remedial massage assessment framework

Release: 1

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Modification History

Not Applicable

Unit Descriptor

Descriptor

This unit of competency describes the skills and knowledge required to interpret information gathered in the health assessment and make and review an accurate assessment over the course of remedial massage treatment

Application of the Unit

Application

This unit may apply to work in massage in a range of settings and contexts

Licensing/Regulatory Information

Not Applicable

Pre-Requisites

Not Applicable

Employability Skills Information

Employability Skills

This unit contains *Employability Skills*

Elements and Performance Criteria Pre-Content

Elements define the essential outcomes of a unit of competency.

The Performance Criteria specify the level of performance required to demonstrate achievement of the Element. Terms in *italics* are elaborated in the Range Statement.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

1. Analyse and interpret information received

- 1.1 Correlate results of the health assessment with case history
- 1.2 Recognise *signs and symptoms* of condition in the client and identify as pre-requisites or contra-indication for treatment/care
- 1.3 Assess information gathered and assigned priorities in consultation with the client using the knowledge and experience and theoretical principles applied by the practitioner
- 1.4 Gather, record and organise in a way which can be interpreted readily by other professionals
- 1.5 Analyse *body patterns* and differentiate by assessing signs and symptoms
- 1.6 Identify condition according to stage and related implications (eg acute/chronic) by applying principles of assessment
- 1.7 Use professional judgement to draw sound conclusions and prognosis from the data collected
- 1.8 Elicit all assessment signs and symptoms in a thorough and objective manner to avoid premature conclusions on the treatment plan
- 1.9 Monitor the client's progress systematically in order to confirm the clinical impression
- 1.10 Combine history and clinical data effectively to obtain a differential assessment, prognosis and treatment plan

ELEMENT**PERFORMANCE CRITERIA**

2. Inform the client

- 2.1 Discuss rationale of the treatment assessment plan/prognosis is discussed with the client
- 2.2 Respond to client enquiries using language the client understands
- 2.3 Discuss referral and collaborative options with the client if necessary

Required Skills and Knowledge**REQUIRED SKILLS AND KNOWLEDGE**

This describes the essential skills and knowledge and their level required for this unit.

Essential knowledge:

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes knowledge of:

- Anatomy and physiology of the body systems
- Biomechanics
- Clinical indications of treatment relevant to specific circumstances - first aid and injuries
- Common disease states and functional problems of each bodily system
- Community resources and support services
- Data analysis techniques
- Disease process
- Human physiology
- Knowledge and understanding of methods of preparing treatment and management plans
- Knowledge and understanding of types of further investigation available
- Legal and ethical considerations in treating clients with massage
- Lifestyle factors relevant to treatment of specific conditions and diseases
- Medical reports and diagnostic procedures
- Orthopaedic tests
- Pain and chronic pain syndromes
- Pathology and symptomology
- Possible obstacles and contra-indications to treatment

REQUIRED SKILLS AND KNOWLEDGE

- Referral process
- Regional anatomy
- Signs and symptoms of disease and disorder/dysfunction
- Skeletal musculature
- Supplementary measures in the management of the condition/system (dietary considerations, exercise)
- Systems and regions of the body
- The contribution of the different schools of thought and historical theories of clinical practice
- The correct preparations required for specific treatment
- The endocrine system
- The ethical and legal implications of the practice of massage
- The organisation of the body

continued ...

Essential knowledge (contd):

- The principles and practice of treating common conditions
- The processes of ageing
- The processes of biological maturation
- The reproductive system
- The role of massage in alleviating depression and anxiety
- The role of massage in auto-immune disorders
- The role of massage in enhancing attentiveness
- The role of massage in enhancing growth
- The role of massage in immune disorders
- The situation and referral patterns of trigger points
- The structure and function of the body systems, including the:
 - articular system - classification of joints and types and ranges of motion
 - cardiovascular system
 - immune system
 - lymphatic system
 - nervous system
 - respiratory system

Essential skills:

It is critical that the candidate demonstrate the ability to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes the ability to:

REQUIRED SKILLS AND KNOWLEDGE

- Access and interpret up-to-date information
- Apply differential assessment
- Conduct orthopaedic tests
- Demonstrate communication and negotiation skills
- Demonstrate consideration of the impact of client vitality on selected treatment
- Demonstrate differential diagnostic skills
- Demonstrate interpersonal and questioning skills
- Establish urgency for treatment required
- Identify and describe a treatment outcome using accepted medical terminology
- Identify bone landmarks, structures and individual muscles through palpation.
- Identify treatment options and establish treatment regimes
- Interpret investigative findings
- Prepare treatment plans
- Prescribe treatment according to the time-frame appropriate to the client condition and the treatment selected
- Prioritise presenting conditions
- Provide advice
- Transcribe assessment findings and treatment in a client history using accepted medical terminology
- Understand and discuss medical reports and other data relevant to the case
- Write referrals, appraisal letters for insurance companies and other documentation

Evidence Guide

EVIDENCE GUIDE

The evidence guide provides advice on assessment and must be read in conjunction with the Performance Criteria, Required Skills and Knowledge, the Range Statement and the Assessment Guidelines for this Training Package.

Critical aspects for assessment and evidence required to demonstrate this competency unit:

- The individual being assessed must provide evidence of specified essential knowledge as well as skills
- Observation of performance in the workplace or a simulated workplace (defined as a supervised clinic)
- Consistency of performance should be demonstrated over the required range of situations relevant to the workplace

EVIDENCE GUIDE

- Where, for reasons of safety, space, or access to equipment and resources, assessment takes place away from the workplace, the assessment environment should represent workplace conditions as closely as possible
- Assessment may contain both theoretical and practical components and examples covering a range of clinical situations
- Assessment of sole practitioners must include a range of clinical situations and different client groups covering at minimum, age, culture and gender
- Assessment of sole practitioners must consider their unique workplace context, including:
 - interaction with others in the broader professional community as part of the sole practitioner's workplace
 - scope of practice as detailed in the qualification and component competency units
 - holistic/integrated assessment including:
 - working within the practice framework
 - performing a health assessment
 - assessing the client
 - planning treatment
 - providing treatment

Context of and specific resources for assessment:

- An appropriately stocked and equipped clinic or simulated clinic environment
- Relevant texts or medical manuals
- Relevant paper-based assessment instruments
- Appropriate assessment environment

EVIDENCE GUIDE

Method of assessment

- Observation in the work place (if possible)
- Written assignments/projects or questioning should be used to assess knowledge
- Case study and scenario as a basis for discussion of issues and strategies to contribute to best practice
- Clinical skills involving direct client care are to be assessed initially in a simulated clinical setting
If successful, a second assessment is to be conducted during workplace application under direct supervision
- Diagnosis from assessment notes or simulated assessments
- Oral questioning

Access and equity considerations:

- All workers in the health industry should be aware of access and equity issues in relation to their own area of work
- All workers should develop their ability to work in a culturally diverse environment
- In recognition of particular health issues facing Aboriginal and Torres Strait Islander communities, workers should be aware of cultural, historical and current issues impacting on health of Aboriginal and Torres Strait Islander people
- Assessors and trainers must take into account relevant access and equity issues, in particular relating to factors impacting on health of Aboriginal and/or Torres Strait Islander clients and communities

Related units:

This unit should be assessed in conjunction with the following related units:

- HLTCOM404C Communicate effectively with clients
- HLTREM505C Perform remedial massage health assessment

Range Statement

RANGE STATEMENT

The Range Statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Add any essential operating conditions that may be present with training and assessment depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts.

Signs and symptoms of condition may include:

- Physical evidence
- Behavioural evidence
- States of disorder
- Sensations
- Onset
- Duration
- Location
- Causation
- Direction of chief complaint
- Ameliorating and aggravating factors
- Symptom qualities (intensity, severity, nature of complaint)
- Non-verbal signs and symptoms
- Functional and pathological disturbances

Body patterns may refer to:

- Posture
- Range of movement
- Muscle strength
- Contra-lateral comparisons

Unit Sector(s)

Not Applicable