



**Australian Government**

**Department of Education, Employment and Workplace Relations**

# **HLTKIN508B Apply an advanced kinesiology assessment framework**

**Release: 1**

## **HLTKIN508B Apply an advanced kinesiology assessment framework**

### **Modification History**

Not Applicable

### **Unit Descriptor**

#### **Descriptor**

This unit of competency describes the skills and knowledge required to interpret information gathered in a health assessment and make and review an accurate assessment over the course of an advanced kinesiology session

### **Application of the Unit**

#### **Application**

The application of knowledge and skills described in this competency unit relates to functions necessary for working within a clinic as a kinesiology practitioner

Work at this level may be undertaken independently

### **Licensing/Regulatory Information**

Not Applicable

### **Pre-Requisites**

Not Applicable

## **Employability Skills Information**

### **Employability Skills**

This unit contains Employability Skills

## **Elements and Performance Criteria Pre-Content**

Elements define the essential outcomes of a unit of competency.

The Performance Criteria specify the level of performance required to demonstrate achievement of the Element. Terms in *italics* are elaborated in the Range Statement.

## **Elements and Performance Criteria**

### **ELEMENT**

### **PERFORMANCE CRITERIA**

**ELEMENT****PERFORMANCE CRITERIA****1. Analyse and interpret information received**

1.1 Correlate results of the health assessment with the case history

1.2 Recognise *signs and symptoms* of conditions in the client and identify as prerequisites or contra-indications for healing strategies

1.3 Assess information gathered and assign priorities in consultation with the client using the knowledge and experience and theoretical principles applied by the kinesiology practitioner

1.4 Gather, record and organise information in a way which can be interpreted readily by other professionals

1.5 Analyse *body patterns* and differentiate by assessing signs and symptoms

1.6 Identify condition according to stage and related implications (e.g. acute/chronic) by applying principles of assessment

1.7 Use professional judgment to draw sound conclusions and prognosis from the data collected

1.8 Elicit assessment signs and symptoms in a thorough and objective manner to avoid premature conclusions on the session plan

1.9 Systematically monitor the clients progress in order to confirm the clinical impression

1.10 Combine client history and clinical data to obtain a differential assessment, prognosis and session plan

**2. Inform the client**

2.1 Discuss the rationale of the assessment plan with the client

2.2 Respond to client enquiries using language the client understands

2.3 Discuss referral and collaborative options with the client if necessary

## Required Skills and Knowledge

### REQUIRED SKILLS AND KNOWLEDGE

This describes the essential skills and knowledge and their level required for this unit.

#### *Essential knowledge:*

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes knowledge of:

- Anatomy and physiology of the body systems
- Community resources and support services
- Data analysis techniques
- Ethical and legal implications of service delivery
- Legal and ethical considerations in treating clients with kinesiology
- Lifestyle factors relevant to specific conditions and diseases
- Possible obstacles and contra-indications to balances
- Possible reactions and contra-indications for kinesiology
- Referral process
- Specialised assessment procedures and options allowing complex regional assessments
- Structure and function of anatomical systems
- Technical and practical knowledge of health techniques
- The indications, possible responses and contra-indications to balances
- The principles of human movement and biomechanics

#### *Essential skills:*

It is critical that the candidate demonstrate the ability to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes the ability to:

- Apply specialised assessment techniques
- Communicate effectively with clients
- Communicate with people from diverse cultural and linguistic backgrounds and work through an interpreter if required

## REQUIRED SKILLS AND KNOWLEDGE

- Comprehend common medical terminology
- Demonstrate communication and negotiation skills
- Demonstrate communication skills to gain and convey required information
- Demonstrate consideration of the impact of client vitality on selected balances
- Demonstrate differential diagnostic skills
- Establish urgency for balances
- Handle complaints effectively
- Identify and describe a balance outcome using accepted medical and/or industry terminology
- Identify options and establish balance regimes
- Interpret investigative findings
- Manage time throughout consultation and session
- Perform health assessments
- Prepare session plans
- Prioritise presenting conditions
- Provide advice
- Read medical reports
- Recommend balances according to the time-frame appropriate to the client condition and the health plan selected
- Transcribe assessment findings and balances in a client history using accepted medical terminology
- Understand and discuss medical reports and other data relevant to the case
- Use equipment and technology effectively and safely

## Evidence Guide

### EVIDENCE GUIDE

The evidence guide provides advice on assessment and must be read in conjunction with the Performance Criteria, Required Skills and Knowledge, the Range Statement and the Assessment Guidelines for this Training Package.

*Critical aspects for assessment and evidence required to demonstrate this competency*

- The individual being assessed must provide evidence of specified essential knowledge as well as skills
- Observation of performance in the workplace or a

## EVIDENCE GUIDE

*unit:*

simulated workplace (defined as a supervised clinic)

- Consistency of performance should be demonstrated over the required range of situations relevant to the workplace
- Where, for reasons of safety, space, or access to equipment and resources, assessment takes place away from the workplace, the assessment environment should represent workplace conditions as closely as possible
- Assessment must be undertaken by an assessor who is formally recognised by an Australian kinesiology peak body
- Assessment of sole practitioners must include a range of clinical situations and different client groups covering at minimum, age, culture and gender
- Assessment of sole practitioners must consider their unique workplace context, including:
  - interaction with others in the broader professional community as part of the sole practitioner's workplace
  - scope of practice as detailed in the qualification and component competency units
  - holistic/integrated assessment including:
    - working within the practice framework
    - performing a health assessment
    - assessing the client
    - planning treatment
    - providing treatment

*Context of and specific resources for assessment:*

- Resources essential for assessment include:
  - qualified assessor who is also recognised by an Australian kinesiology peak body
  - relevant texts or medical manuals
  - relevant paper-based/video assessment instruments
  - appropriate assessment environment

## EVIDENCE GUIDE

### *Method of assessment*

- Observation in the work place
- Written assignments/projects or questioning should be used to assess knowledge
- Case study and scenario as a basis for discussion of issues and strategies to contribute to best practice
- Clinical skills involving direct client care are to be assessed initially in a simulated clinical setting. If successful, a second assessment is to be conducted during workplace application under direct supervision
- Questioning
- Role play simulation
- Short tests and essays

### *Access and equity considerations:*

- All workers in the health industry should be aware of access and equity issues in relation to their own area of work
- All workers should develop their ability to work in a culturally diverse environment
- In recognition of particular health issues facing Aboriginal and Torres Strait Islander communities, workers should be aware of cultural, historical and current issues impacting on health of Aboriginal and Torres Strait Islander people
- Assessors and trainers must take into account relevant access and equity issues, in particular relating to factors impacting on health of Aboriginal and/or Torres Strait Islander clients and communities

### *Related units:*

This unit should be assessed in conjunction with the following related units:

- HLTKIN506B Perform an advanced kinesiology health assessment
- HLTKIN507B Plan an advanced kinesiology session



## Range Statement

### RANGE STATEMENT

The Range Statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Add any essential operating conditions that may be present with training and assessment depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts.

*Signs and symptoms of condition may include:*

- Physical evidence
- Behavioural evidence
- States of disorder
- Sensations
- Onset
- Duration
- Location
- Causation
- Direction of chief complaint
- Ameliorating and aggravating factors
- Symptom qualities (intensity, severity, nature of complaint)
- Non verbal signs and symptoms
- Functional and pathological disturbances

*Body patterns may refer to:*

- Posture
- Range of movement
- Muscle strength
- Contra-lateral comparisons

## Unit Sector(s)

Not Applicable