



**Australian Government**

**Department of Education, Employment and Workplace Relations**

# **HLT61012 Advanced Diploma of Nutritional Medicine**

**Release: 1**

## HLT61012 Advanced Diploma of Nutritional Medicine

### Modification History

HLT07 Version 4	HLT07 Version 5	Comments
HLT61007 Advanced Diploma of Nutritional Medicine	HLT61007 Advanced Diploma of Nutritional Medicine	Updated in V5 - Updated core units HLTFA311A Apply first aid and HLTWHS300A Contribute to WHS processes

### Description

This qualification covers the skills needed to work at practitioner level in nutritional medicine.

Occupational titles for these workers may include:

- Nutritional medicine practitioner
- Nutritional therapist

### Pathways Information

Not Applicable

### Licensing/Regulatory Information

Not Applicable

### Entry Requirements

Not Applicable

## Employability Skills Summary

Refer to the Topic: Introduction to the Employability Skills Qualification Summaries

### Packaging Rules

#### PACKAGING RULES

23 units of competency are required for award of this qualification, including:

- 21 core units, comprising 12 common units and 9 specialisation units
- 2 elective units

A wide range of elective units is available, including:

- Group A electives which are recommended for culturally aware and respectful practice
- Units of competency to address workplace requirements and packaged at the level of this qualification or higher in Health and/or Community Services Training Packages
- Where appropriate, to address workplace requirements, up to 2 units of competency packaged at the level of this qualification or higher in other relevant Training Packages

#### Core units

##### *Common units*

BSBFLM303C	Contribute to effective workplace relationships
CHCORG428A	Reflect on and improve own professional practice
HLTAP401B	Confirm physical health status
HLTAP501C	Analyse health information (Note pre-requ: HLTAP401B)
HLTCOM404C	Communicate effectively with clients
HLTCOM406C	Make referrals to other health care professionals when appropriate
HLTCOM502C	Develop professional expertise
HLTCOM503D	Manage a practice
HLTFA311A	Apply first aid
HLTHIR501C	Maintain an effective health work environment
HLTIN504D	Manage the control of infection (Note pre-requ: HLTIN301C)
HLTWHS300A	Contribute to WHS processes

##### *Specialisation units*

HLTNUT601C	Apply literature research findings to clinical practice
HLTNUT603B	Apply a nutritional medicine diagnostic framework
HLTNUT604C	Manage work within a clinical nutritional framework
HLTNUT605B	Perform nutritional medicine health assessment
HLTNUT606B	Plan the nutritional treatment strategy
HLTNUT607C	Provide nutritional medicine treatment
HLTNUT608B	Provide specialised nutritional medicine treatment
HLTNUT609C	Prepare and dispense nutritional and dietary supplements
HLTNUT610B	Provide basic dietary advice

**The importance of culturally aware and respectful practice**

All workers undertaking work in health need foundation knowledge to inform their work with Aboriginal and/or Torres Strait Islander clients and co-workers and with clients and co-workers from culturally and linguistically diverse backgrounds. This foundation must be provided and assessed as part of a holistic approach to delivery and assessment of this qualification. Specific guidelines for assessment of this aspect of competency are provided in the Assessment Guidelines for the Health Training Package.

**Group A electives - recommended for culturally aware and respectful practice**

Where work involves a specific focus on Aboriginal and/or Torres Strait Islander and/or culturally diverse clients or communities, one or both of the following electives is recommended:

HLTHIR403C Work effectively with culturally diverse clients and co-workers

HLTHIR404D Work effectively with Aboriginal and/or Torres Strait Islander people

**Other relevant electives**

Other elective units are to be selected in line with the specified Packaging Rules. Employers may specify that certain electives are required to address identified workplace needs.