



Australian Government

Department of Education, Employment and Workplace Relations

HLT51507 Diploma of Kinesiology

Release: 2

HLT51507 Diploma of Kinesiology

Modification History

Not Applicable

Description

This qualification provides competence in kinesiology practice and practitioners at this level are expected to have advanced skills in a specialised area. They may be self-employed as independent practitioners, work within a larger health service or be involved in undertaking research activities.

Workers at this level are expected to have knowledge of interactions with other treatments and skills of critical appraisal. Practitioners at this level may “dispense” vibrational medicine and may supervise support staff. The intent and application of this qualification is defined in the content of the units of competency. RTOs should examine this detail to determine the appropriateness of this qualification.

Occupational titles for these workers may include:

- Kinesiologist
- Specialist kinesiology practitioner

Pathways Information

Not Applicable

Licensing/Regulatory Information

Not Applicable

Entry Requirements

Entry requirements

To gain entry into HLT51507 Diploma of Kinesiology a candidate must demonstrate competence through a recognised training program or recognition process, in the following units of competency from the HLT42812 Certificate IV in Kinesiology:

BSBWOR203B	Work effectively with others
HLTAP401B	Confirm physical health status
HLTCOM404C	Communicate effectively with clients
HLTCOM406C	Make referrals to other health care professionals when appropriate
HLTCOM408D	Use specific health terminology to communicate effectively
HLTFA311A	Apply first aid
HLTHIR301C	Communicate and work effectively in health
HLTIN301C	Comply with infection control policies and procedures
HLTKIN401C	Work within a kinesiology framework
HLTKIN402B	Plan the kinesiology session
HLTKIN403B	Apply kinesiology assessment framework
HLTKIN404B	Perform the kinesiology health assessment
HLTKIN405B	Provide kinesiology balances
HLTWHS300A	Contribute to WHS processes

Employability Skills Summary

Refer to the Topic: Introduction to the Employability Skills Qualification Summaries

Packaging Rules

PACKAGING RULES

14 units of competency are required for award of this qualification, including:

- 11 core units comprising 6 common units and 5 specialisation units
- 3 elective units

A wide range of elective units is available, including:

- Group A electives which are recommended for culturally aware and respectful practice
- Other relevant electives listed below
- Units of competency to address workplace requirements and packaged at the level of this qualification or higher in Health and/or Community Services Training Packages
- Where appropriate, to address workplace requirements, up to 2 units of competency packaged at the level of this qualification or higher in other relevant Training Packages

Core units

Common units

CHCORG428A	Reflect on and improve own professional practice
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HLTAP501C Analyse health information (Note pre-requ: HLTAP401B)
HLTCOM502C Develop professional expertise
HLTCOM503D Manage a practice
HLTHIR506C Implement and monitor compliance with legal and ethical requirements
HLTSHU509C Maintain personal health and awareness as a professional responsibility
Specialisation units
HLTKIN506B Perform an advanced kinesiology health assessment
HLTKIN507B Plan an advanced kinesiology session
HLTKIN508B Apply an advanced kinesiology assessment framework
HLTKIN509B Monitor and evaluate kinesiology balances
HLTNUT610B Provide basic dietary advice

The importance of culturally aware and respectful practice

All workers undertaking work in health need foundation knowledge to inform their work with Aboriginal and/or Torres Strait Islander clients and co-workers and with clients and co-workers from culturally and linguistically diverse backgrounds. This foundation must be provided and assessed as part of a holistic approach to delivery and assessment of this qualification. Specific guidelines for assessment of this aspect of competency are provided in the Assessment Guidelines for the Health Training Package.

Group A electives - recommended for culturally aware and respectful practice

Where work involves a specific focus on Aboriginal and/or Torres Strait Islander and/or culturally diverse clients or communities, one or both of the following electives is recommended:

HLTHIR403C Work effectively with culturally diverse clients and co-workers
HLTHIR404D Work effectively with Aboriginal and/or Torres Strait Islander people

Other relevant electives

Other elective units are to be selected in line with the specified Packaging Rules. Employers may specify that certain electives are required to address identified workplace needs.

Recommended electives include:

BSBMGT502B Manage people performance
BSBWOR502B Ensure team effectiveness
CHCAC318B Work effectively with older people
CHCCS416A Assess and provide services for clients with complex needs
CHCORG525D Recruit and coordinate volunteers
CHCORG611B Lead and develop others in a community sector workplace
CHCORG627B Provide mentoring support to colleagues
CHCPOL403B Undertake research activities
CHCPOL505B Manage research activities
HLTCOM509B Provide services for people with a life challenging illness
HLTCOM510B Provide services to clients with chronic diseases or conditions
HLTHIR501C Maintain an effective health work environment