



Australian Government

Department of Education, Employment and Workplace Relations

HLT41207 Certificate IV in Ayurvedic Lifestyle Consultation

Release: 1

HLT41207 Certificate IV in Ayurvedic Lifestyle Consultation

Modification History

Not Applicable

Description

This qualification covers the skills needed to be an Ayurvedic Lifestyle Consultant. An Ayurvedic Lifestyle Consultant provides advice and assistance on living according to ayurvedic principles. This qualification does not cover ayurvedic remedial or therapeutic care.

This qualification is suited to Australian Apprenticeships pathways.

Occupational titles for these workers may include:

- Ayurvedic lifestyle consultant
- Ayurvedic assistant

Pathways Information

Not Applicable

Licensing/Regulatory Information

Not Applicable

Entry Requirements

Not Applicable

Employability Skills Summary

Refer to the Topic: Introduction to the Employability Skills Qualification Summaries

Packaging Rules

PACKAGING RULES

14 units of competency are required for award of this qualification, including:

- 9 core units, comprising 5 common units and 4 specialisation units
- 5 elective units

A wide range of elective units is available, including:

- Group A electives which are required to work as an ayurvedic lifestyle consultant
- Units of competency to address workplace requirements and packaged at the level of this qualification or higher in Health and/or Community Services Training Packages
- Where appropriate, to address workplace requirements, up to 2 units of competency packaged at the level of this qualification or higher in other relevant Training Packages or accredited courses where the details of those courses are available on the NTIS or other public listing

Core units

Common units

HLTAP401B Confirm physical health status

HLTCOM406C Make referrals to other health care professionals when appropriate

HLTFA301C Apply first aid

HLTIN301C Comply with infection control policies and procedures

HLTOHS300B Contribute to OHS processes

Specialisation units

HLTAYV412C Provide ayurvedic lifestyle consultation

HLTAYV414C Work within an ayurvedic framework for lifestyle consultants

HLTAYV404C Provide ayurvedic advice on nutrition

HLTAYV406C Provide ayurvedic relaxation massage treatment

Group A electives - required for work as an ayurvedic lifestyle consultant

The following units or units with equivalent competency outcomes are required to work as an ayurvedic lifestyle consultant.

BSBWOR203A Work effectively with others

HLTCOM404C Communicate effectively with clients

HLTCOM405C Administer a practice

HLTCOM408C Use specific health terminology to communicate effectively

HLTHIR301B Communicate and work effectively in health

The importance of culturally aware and respectful practice

All workers undertaking work in health need foundation knowledge to inform their work with Aboriginal and/or Torres Strait Islander clients and co-workers and with clients and co-workers from culturally and linguistically diverse backgrounds. This foundation must be provided and assessed as part of a holistic approach to delivery and assessment of this qualification. Specific guidelines for assessment of this aspect of competency are provided in the Assessment Guidelines for the Health Training Package.

Other relevant electives

Other electives may be selected in line with the specified Packaging Rules. Employers may specify that certain electives are required to address identified workplace needs.