



**Australian Government**

**Department of Education, Employment and Workplace Relations**

# **HLTFA201A Provide basic emergency life support**

**Release: 1**

## **HLTFA201A Provide basic emergency life support**

### **Modification History**

### **Unit Descriptor**

This unit of competency describes the skills and knowledge required to recognise and respond to life threatening emergencies using basic life support measures only

### **Application of the Unit**

The skills and knowledge described here enable a first aider to provide an initial response to an emergency in line with practised actions and Australian Resuscitation Council (ARC) Guidelines and/or state/territory regulations, legislation and policies and accepted industry guidelines

Application should be contextualised as required to reflect workplace and community requirements relating to specific risks and hazards and associated injuries

### **Licensing/Regulatory Information**

### **Pre-Requisites**

### **Employability Skills Information**

The required outcomes described in this unit of competency contain applicable facets of Employability Skills

The Employability Skills Summary of the qualification in which this unit of competency is packaged will assist in identifying Employability Skill requirements

### **Elements and Performance Criteria Pre-Content**

Elements define the essential outcomes of a unit of competency.

The Performance Criteria specify the level of performance required to demonstrate achievement of the Element. Terms in italics are elaborated in the Range Statement.

# Elements and Performance Criteria

## Elements and Performance Criteria

Element	Performance Criteria
1 Respond in an emergency situation	1.1 Recognise emergency situation and identify <b>hazards</b> to health and safety of self and others
	1.2 Minimise immediate risk to health and safety of self, casualty and others by isolating any hazard(s)
	1.3 Assess casualty and identify injuries, illnesses and conditions
	1.4 Assess the need for assistance
2 Apply identified first aid procedures	2.1 Reassure casualty in a caring and calm manner and make comfortable using available resources
	2.2 Determine and explain the nature of <b>casualty's injury/condition</b> and relevant first aid procedures to provide comfort
	2.3 Seek consent from casualty or significant other prior to applying first aid management
	2.4 Respond to the casualty in a culturally aware, sensitive and respectful manner
	2.5 Use <b>identified first aid procedures</b> as required in accordance with established first aid principles, policies and procedures, ARC Guidelines and/or state/territory regulations, legislation and policies and industry requirements
	2.6 Use safe manual handling techniques as required
3 Communicate details of the incident	3.1 Request ambulance support and/or appropriate medical assistance according to relevant circumstances and using available means of communication
	3.2 Accurately convey assessment of casualty's condition and first aid procedures undertaken to emergency services/relieving personnel
	3.3 Calmly provide information to reassure casualty, adopting a communication style to match the casualty's level of consciousness

- 3.4 Provide reports, where applicable, in a timely manner, presenting all relevant facts according to established procedures
  - 3.5 Maintain confidentiality of records and information in line with privacy principles and statutory and/or organisation policies
- 4 Evaluate own performance
- 4.1 Seek feedback from **appropriate clinical expert**
  - 4.2 Recognise the possible psychological impacts on rescuers of involvement in critical incidents
  - 4.3 Participate in debriefing/evaluation as appropriate to improve future response and address individual needs

## Required Skills and Knowledge

This describes the essential skills and knowledge and their level required for this unit.

### Essential knowledge:

Basic anatomy and physiology relating to:

severe bleeding

absence of signs of life:

unconscious

unresponsive

not moving

not breathing normally

choking/airway obstruction

shock

First aid procedures for:

bleeding control

care of unconscious

infection control as it relates to standard precautions

airway management

chest pain

casualty with no signs of life

shock

respiratory distress, including asthma

severe allergic reaction

Chain of survival

How to access emergency response support services/personnel

Understanding of the use of an Automated External Defibrillator (AED), including when to use and when not to

State/territory regulations, legislation and policies, ARC Guidelines and accepted industry

practice relating to currency of skill and knowledge  
Privacy and confidentiality requirements  
Duty of care requirements  
Need to be culturally aware, sensitive and respectful  
Relevant workplace hazards  
Own skills and limitations  
Awareness of stress management techniques and available support

**Essential skills:**

Ability to:

Demonstrate first aid casualty management principles:  
assess and minimise danger  
check for response  
maintain casualty's airway, breathing and circulation.

Assess vital signs and responses of casualty

Demonstrate:

safe manual handling of casualty.  
consideration of the welfare of the casualty  
correct procedures for CPR on a resuscitation manikin  
implementation of standard precautions

Plan an appropriate first aid response in line with established first aid principles, policies and procedures, ARC Guidelines and/or state/territory regulations, legislation and policies and industry requirements and respond appropriately to contingencies in line with own level of skills and knowledge

Call an ambulance and/or medical assistance, according to circumstances and report casualty's condition

Identify and minimise hazards to health and safety of self and others in the immediate workplace or community environment

Report details of emergency incident and first aid provided

## Evidence Guide

The evidence guide provides advice on assessment and must be read in conjunction with the Performance Criteria, Required Skills and Knowledge, the Range Statement and the Assessment Guidelines for this Training Package.

### **Critical aspects of assessment:**

Assessment must include demonstrated evidence of specified Essential Knowledge and Essential Skills identified in this competency unit

Competence should be demonstrated working individually and, where appropriate, as part of a first aid team.

Consistency of performance should be demonstrated over the required range of situations relevant to the workplace or community setting

Currency of CPR knowledge and skills is to be demonstrated in line with state/territory regulations, legislation and policies, ARC and industry guidelines

### **Context and resources required for assessment:**

For assessment purposes, demonstration of skills in CPR procedures requires using a model of the human body (resuscitation manikin) in line with Australian Resuscitation Council Guidelines

**Access and equity considerations:**

All workers in the health industry should be aware of access and equity issues in relation to their own area of work

All workers should develop their ability to work in a culturally diverse environment

In recognition of particular health issues facing Aboriginal and Torres Strait Islander communities, workers should be aware of cultural, historical and current issues impacting on health of Aboriginal and Torres Strait Islander people

Assessors and trainers must take into account relevant access and equity issues, in particular relating to factors impacting on health of Aboriginal and/or Torres Strait Islander clients and communities

## **Range Statement**

### **RANGE STATEMENT**

The Range Statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Add any essential operating conditions that may be present with training and assessment depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts.



**Condition of the casualty must include, but is not limited to:**

Severe bleeding  
Absence of signs of life:  
unconscious  
unresponsive  
not moving  
not breathing normally

Choking/airway obstruction  
Severe allergic reaction

**Identified first aid procedures must include:**

Cardiopulmonary Resuscitation (CPR)  
Control severe bleeding  
Airway management  
Provide assistance with self-administered medications, such as auto-injector, puffer/inhaler in line with state/territory regulations, legislation and policies and any available medical/pharmaceutical instructions  
Care of the unconscious person

**Resources and equipment may include:**

First aid kit  
Resuscitation mask or barrier  
Casualty's medication  
Manikin  
AED (if available)  
Auto-injector  
Puffer/inhaler

**A hazard is:** A source or situation with the potential for harm in terms of human injury or ill-health, damage to property, the environment, or a combination of these

**Appropriate clinical expert may include:** Supervisor/manager  
Ambulance officer/paramedic  
Other medical/health worker

**Unit Sector(s)**