



Australian Government

HLTSHU004 Perform Shiatsu therapy health assessments

Release: 2

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Modification History

Release	Comments
Release 2	This version was released in <i>HLT Health Training Package release 3.0</i> . Update to mapping and metadata. Equivalent outcome.
Release 1	This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Merged HLTSHU504/HLTSHU510/HLTSHU511. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.

Application

This unit describes the skills and knowledge required to assess the therapeutic needs of clients using a Shiatsu diagnostic framework. It requires the ability to gather client information, perform a physical assessment and bring information together to develop a Shiatsu treatment plan.

This unit applies to Shiatsu therapists.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Determine scope of client needs

1.1 Explore and clarify client expectations

1.2 Provide clear information about scope and limits of services to be provided

1.3 Collect an accurate, relevant and organised health record and document in a form which can be interpreted

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readily by other professionals

1.4 Recognise needs that are beyond scope of own practice and make referrals to other health care professionals according to clients needs

1.5 Identify and respond to any barriers to information gathering and assessment

1.6 Seek client information respectfully and sensitively, using purposeful, systematic and diplomatic questions

1.7 Manage information in a confidential and secure way

2. Make a physical assessment

2.1 Provide information about the physical assessment process and obtain client consent to proceed

2.2 Follow clinical and practitioner hygiene procedures

2.3 Respect client dignity and anticipate sensitivities

2.4 Seek client feedback on comfort levels

2.5 Assess client through hara, back and meridian palpation

2.6 Integrate observation and sensory information gathering techniques

2.7 Use ongoing questioning with client to gain further information according to clients needs

2.8 Accurately document information from the physical assessment

3. Develop treatment plan

3.1 Correlate results of physical assessment with case history

3.2 Consider any available western medical information and incorporate into analysis within scope of own practice

3.3 Bring together eastern and western approaches to pathology

3.4 Analyse energetic patterns and differentiate by assessing signs and symptoms

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

3.5 Identify condition according to stage and related implications by applying the eight principles of diagnosis

3.6 Identify pre-requisites or contraindications to treatment

3.7 Determine optimum type, duration and frequency of treatments

3.8 Use professional judgement to draw substantiated conclusions about treatment needs

3.9 Establish expected treatment outcomes based on the Shiatsu framework and evidence

3.10 Accurately document proposed treatment plan

4. Confirm assessment and treatment plan with client

4.1 Discuss assessment, its implications and rationale for treatment with the client

4.2 Assign and agree treatment priorities and expectations in consultation with the client

4.3 Schedule times and session lengths suited to the required techniques and sequences

4.4 Respond to client enquiries using language the client understands

4.5 Discuss referral and collaborative options with the client according to needs

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>