



Australian Government

**Assessment Requirements for HLTRNL003
Contribute to the nursing care of a person
with renal impairment**

Release: 2

Assessment Requirements for HLTRNL003 Contribute to the nursing care of a person with renal impairment

Modification History

Release	Comments
Release 2	Release 2 HLTRNL003 Contribute to the nursing care of a person with renal impairment supersedes and is equivalent to Release 1 HLTRNL003 Contribute to the nursing care of a person with renal impairment. Updated: Mapping details and minor corrections.
Release 1	HLTRNL003 Contribute to the nursing care of a person with renal impairment supersedes and is not equivalent to HLTRNL001 Support a person with chronic kidney disease.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- implement nursing care plans for three people with renal impairment
- provide follow-up care of three people with renal impairment in the workplace

The tasks must be undertaken in accordance with the Nursing and Midwifery Board of Australia (NMBA) professional practice standards, codes and guidelines.

Knowledge Evidence

Demonstrate knowledge required to complete tasks outlined in elements and performance criteria of this unit:

- anatomy and physiology of the renal system and clinical manifestations and associated pathophysiology of the stages of renal impairment
- underlying environmental and social factors contributing to renal impairment in the general population in Australia and the higher rates experienced within Aboriginal and Torres Strait Islander communities
- renal impairment conditions and risk factors:
 - diabetic nephropathy
 - glomerulonephritis
 - hypertensive nephropathy

- polycystic kidney disease
- reflux nephropathy
- kidney stones
- kidney transplant
- clinical manifestations:
 - hypertension
 - anaemia
 - bone disease
 - cardiovascular disease
 - impaired immunity
 - electrolyte imbalance
 - fluid imbalance
- complications and impact of renal impairment:
 - uraemic breath
 - unusual and metallic taste
 - anorexia
 - nausea and vomiting
 - lethargy
 - change in urination
 - confusion
 - pain
 - increase in depression
 - stages of grief and loss
 - sexual dysfunction
 - general malaise
 - cardiovascular events
 - infections
 - uraemic frost
 - pruritus
 - restless leg syndrome
- screening and prevention
- immunity and the importance of vaccinations
- changing educational needs
- assessment of renal function and diagnostic procedures:
 - common pathology tests to diagnose and evaluate
 - interventional and investigational procedures used in the diagnosis and management
- management:
 - factors that can slow the progression and changes across the continuum of renal disease
 - principles for clinical manifestations and associated co-morbidities

- evaluation of health check results
- common medicines, mechanism of action, precautions, contraindications and side effects in renal impairment
- nutritional considerations
- theory, terminology, procedures, risks and benefits of treatment options including renal replacement therapies:
 - peritoneal dialysis and haemodialysis
- psychosocial impacts
- social needs:
 - disability support
 - family support
 - transport to appointments
 - accommodation
- organisations associated with palliative care and advance care planning.
- self-management strategies:
 - healthy lifestyle
 - exercise
 - renal diet
 - fluid requirements
 - medication regime
 - care of dialysis access
 - recognising progressive symptoms
 - vaccination regime
 - diabetes care
 - cardiovascular disease care
 - dental care
 - optometry and ophthalmic care
 - skin care.

Assessment Conditions

To be eligible to apply for registration as an enrolled nurse and to practice in Australia, each applicant must complete a Diploma of Nursing program accredited by the Australian Nursing and Midwifery Accreditation Council (ANMAC) and approved as 'an approved program of study' by the Nursing and Midwifery Board of Australia (NMBA) in accordance with the Enrolled Nurse Accreditation Standards.

For more detail visit <https://www.ahpra.gov.au>.

Skills must be demonstrated in the workplace or in a simulated environment as specified in the performance evidence that model industry operating conditions including access to real people for simulations and scenarios in enrolled nursing work.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.

Assessors must also hold current registration as a registered nurse with the Nursing and Midwifery Board of Australia (NMBA).

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>