



Australian Government

HLTRNL001 Support a person with chronic kidney disease

Release: 1

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Modification History

Release	Comments
Release 1	<p>This version was released in <i>HLT Health Training Package release 3.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Removed pre-requisites. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements.</p> <p>Minimal change to knowledge evidence.</p> <p>Supersedes HLTRNL601C</p>

Application

This unit describes the skills and knowledge required to provide supportive care of a person with chronic kidney disease including advance care planning.

This unit applies to enrolled nursing work carried out in consultation and collaboration with registered nurse, and under supervisory arrangements aligned to the Nursing and Midwifery Board of Australia regulatory authority legislative requirements; and to Aboriginal and/or Torres Strait Islander health work carried out under direct or indirect supervisory arrangements of a registered nurse or medical practitioner.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

Elements define the essential outcomes

1. Assess impact of chronic kidney disease (CKD) on the person and their educational needs

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1 Maintain current knowledge of CKD and associated pathophysiology and apply to each clinical manifestation
- 1.2 Identify common problems and complications associated with CKD and focus on the person's specific contributing factors when assessing impact on that person
- 1.3 Discuss with the person the psychosocial impact of CKD on their activities of daily living

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.4 Ascertain and respect person person's needs related to their lifestyle, social context and emotional and spiritual choices
 - 1.5 Communicate effectively with the person, family or carer and members of the interdisciplinary health care team
 - 1.6 Clarify the educational needs of the person in terms of stages of the disease, required care and self-management strategies
 - 1.7 Provide support to the person, family or carer in an open and non-judgemental way and within scope of own work role and responsibilities, to ensure they have the freedom to discuss spiritual and cultural issues related to the impacts of CKD
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2. Contribute to providing education to the person with CKD
 - 2.1 Provide information and resources to the person, family or carer on the aetiology and pathophysiology of the stages of CKD, within scope of work role and responsibilities
 - 2.2 Update own knowledge and provide the person with relevant information to assist in maintaining their health status and slowing disease progression
 - 2.3 Provide information and support to the person to assist them to establish and maintain an appropriate diet
 - 2.4 Provide the person with access to appropriate health education resources on CKD and renal replacement therapy
 - 2.5 Support the person to access information about treatment options in different stages of the disease, so that they can make informed treatment choices
 - 2.6 Communicate effectively with the person, family or carer to clarify the person's needs related to care, including end-of-life discussion, and refer the person to appropriate members of the interdisciplinary health care team
 - 2.7 Contribute to advance care planning or directives in consultation with the interdisciplinary health care team to identify and meet the changing needs of the person, and

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

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changes in advance care planning or directives

3. Contribute to determining the health status of the person with CKD

3.1 Perform holistic primary health care assessment of the person in consultation and collaboration with the registered nurse

3.2 Monitor health status of the person to identify disease progression and report changes, referring the person to others where appropriate within scope of work role and organisation policy and procedures

3.3 Identify possible psychosocial impacts of CKD in discussions with the person and, if required and within scope of work role and organisation policy and procedures, refer the person, family or carer for counselling or assistance

3.4 Assess the psychosocial impact of palliative care on the person's family or carer

3.5 Consult with the interdisciplinary health care team to contribute to effective care planning for the person with CKD

4. Assist the person to develop self-management strategies

4.1 Identify opportunities for the person to self-manage various clinical manifestations and common problems and complications associated with CKD

4.2 Assist the person to adhere to care management strategies and their medical management regime for CKD to maintain optimal health

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>