



Australian Government

HLTREF005 Adapt reflexology treatments to meet specific needs

Release: 2

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Modification History

Release	Comments
Release 2	Corrections to typographical errors in Performance Evidence. Equivalent outcome.
Release 1	This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. New unit.

Application

This unit describes the skills and knowledge required to adapt assessment and treatment strategies to meet the needs of clients of different genders and at different stages of life. It also includes the requirement to be able to identify and respond to other specific needs with which the practitioner may be unfamiliar.

This unit applies to reflexologists.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

Elements define the essential outcomes

1. Adapt assessment and treatment strategies to stages of life

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1 Anticipate and take account of varying potential client sensitivities to ensure client dignity is maintained
- 1.2 Tailor assessment and treatment approaches that take account of different cognitive abilities of clients at different stages of life
- 1.3 Use reflexology techniques and pressure application that take account of client needs at different stages of life
- 1.4 Recognise norms and deviations associated with age and gender
- 1.5 Obtain appropriate consents from others when

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appropriate

2. Respond to unfamiliar presentations

2.1 Recognise situations where presenting cases or aspects of presenting cases fall outside current knowledge base or expertise

2.2 Refer client to other practitioners when case is not appropriate to own scope of practice

2.3 When appropriate to continue with the case, identify, access and interpret sources of additional information and advice

2.4 Enhance own capacity to deal with unfamiliar cases by conducting case specific research

2.5 Integrate findings into client treatment plans and record details

3. Extend and expand own knowledge base

3.1 Pro-actively identify and respond to professional development opportunities

3.2 Develop and adjust work practices as part of ongoing practice development

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>