



Australian Government

HLTREF003 Perform reflexology health assessments

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.

Application

This unit describes the skills and knowledge required to assess the therapeutic needs of clients through the lens of a reflexology diagnostic framework. It requires the ability to gather client information, perform a physical assessment and bring information together to develop a reflexology treatment plan.

This unit applies to reflexologists.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Determine scope of client needs

- 1.1 Explore and clarify client expectations
- 1.2 Provide clear information about scope and limits of services to be provided
- 1.3 Collect an accurate, relevant and organised health record and document in a form which can be interpreted readily by other professionals
- 1.4 Recognise needs that are beyond scope of own practice and make referrals to other health care professionals as required

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.5 Identify and respond to any barriers to information gathering and assessment
- 1.6 Seek client information respectfully and sensitively, using purposeful, systematic and diplomatic questions
- 1.7 Manage information in a confidential and secure way

2. Make a physical assessment of the feet

- 2.1 Provide information about the physical assessment and obtain client consent to proceed
- 2.2 Follow clinical and practitioner hygiene procedures
- 2.3 Seek client feedback on comfort levels
- 2.4 Assess client through both visual and tactile observation of the feet
- 2.5 Identify and assess skin conditions for incorporation into the treatment plan
- 2.6 Accurately record physical observations of the feet

3. Develop treatment plan

- 3.1 Correlate results of physical assessment and structural abnormalities of the feet with case history
- 3.2 Frame the analysis of information through the integration of western and eastern medical models and reflexology philosophy
- 3.3 Identify pre-requisites or contraindications to treatment
- 3.4 Select methodologies and treatments considering frequency, length and number of treatments based on outcomes of health assessment
- 3.5 Use professional judgement to draw substantiated conclusions about treatment needs
- 3.6 Establish expected treatment outcomes based on the reflexology framework and evidence
- 3.7 Accurately document proposed treatment plan

4. Confirm assessment and

- 4.1 Discuss assessment, its implications and rationale for

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treatment plan with client

treatment with the client

4.2 Assign and agree treatment priorities and expectations in consultation with the client

4.3 Schedule times and session lengths suited to the required techniques and sequences

4.4 Respond to client questions using language the client understands

4.5 Discuss referral and collaborative options with the client as required

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>