



Australian Government

Assessment Requirements for HLTPOP014

Assess readiness for and effect behaviour change

Release: 1

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Modification History

Release	Comments
Release 1	<p>This version was released in <i>HLT Health Training Package release 3.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Minor changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Minor changes to knowledge evidence.</p> <p>Supersedes HLTPOP402C</p>

Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in the elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- developed, implemented and reviewed a behaviour change plan for at least 2 individuals, including:
 - consulting and collaborating with each individual, team members and other stakeholders to determine, agree and implement strategies and to monitor and review progress.

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in the elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- legal and organisation requirements relating to developing and implementing behaviour change plans, including:
 - national, State/Territory and local health policies, goals, targets and priorities
 - organisation standards, policies and procedures, including scope of own role and responsibilities
 - stakeholders or organisations for collaborative partnerships to support facilitating individual behaviour change

- points of contact to assist with the implementation of strategies which are outside own area of responsibility
- equity issues in population health
- evidence-based practice
- social determinants of health
- environmental factors that restrain change
- behavioural health determinants
- the relationship between attitudes, knowledge and lifestyle factors and behaviour
- the relationship between individual behaviour and health outcomes
- behaviour change models and support strategies
- assessment techniques
- collaborative behaviour change planning processes.

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including behaviour change plans and equipment or resources outlined in the plan
- modelling of standard industry operating conditions and contingencies.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>