



Australian Government

HLTMSG017 Apply remedial massage clinical practice

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to undertake remedial massage consultations in a clinical setting. This includes provision of remedial massage treatments, as well as clinic preparation for consultation, client assessment and monitoring of client progress and outcomes. It incorporates understanding of industry practices and professional development opportunities for remedial massage therapists.

This unit applies to remedial massage therapists.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certificate or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Massage Therapy

Unit Sector

Health

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Undertake client intake procedures.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Prepare self, treatment area and equipment for client consultation in accordance with organisational protocols work health and safety (WHS) and legal and ethical considerations.
- 1.2. Greet client using a clear voice and professional manner.
- 1.3. Ensure client records are complete including consent to commence consultation and to access health records.

- 1.4. Direct client to treatment room.
- 1.5. Review client records with client to inform consultation.
- 1.6. Clarify client expectations and identify client motivation for wanting to receive remedial treatment.
- 1.7. Provide clear information about scope and limits of services to be provided.
2. Conduct client assessment.
 - 2.1. Perform assessment appropriate to meet client needs.
 - 2.2. Collect accurate and relevant information from assessment and document to inform treatment plan.
3. Develop treatment plan.
 - 3.1. Analyse and integrate health history and assessment findings to formulate appropriate treatment plan and allocated time.
 - 3.2. Outline and discuss treatment plan and expectations with client.
 - 3.3. Obtain and record informed consent for remedial treatment.
4. Provide remedial massage.
 - 4.1. Follow organisational protocols to physically prepare the client for treatment.
 - 4.2. Perform remedial treatment according to treatment plan.
 - 4.3. Adjust treatment as required according to client feedback and therapist ongoing assessment.
 - 4.4. Reassess client post-treatment and document findings to inform ongoing treatment plan.
 - 4.5. Discuss ongoing treatment plan and post-treatment recommendations.
5. Evaluate returning client progress and adjust treatment.
 - 5.1. Seek client feedback about treatment outcomes and implementation of post-treatment recommendations.
 - 5.2. Compare changes from initial and recent presentation with expectations in the treatment plan.
 - 5.3. Determine need for adjustment to treatment plan based on evaluation of client progress.
 - 5.4. Identify and respond to factors that may be inhibiting client progress.
 - 5.5. Prepare comprehensive referrals, reports and documentation.
 - 5.6. Document all findings in client treatment plan.
6. Develop professional practice.
 - 6.1. Use feedback from others and self-reflection to determine improvements to own practice.
 - 6.2. Identify areas of own practice for further research and development to support client outcomes.
 - 6.3. Proactively seek and respond to professional development opportunities.
 - 6.4. Identify current and emerging industry developments and

networks that can support improvement of own practice.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	<ul style="list-style-type: none">• comprehend and interpret client health records• interpret information from a range of sources.
Writing skills to:	<ul style="list-style-type: none">• record client information accurately and comprehensively.
Oral communication skills to:	<ul style="list-style-type: none">• use listening and questioning to seek information and confirm understanding.
Technology skills to:	<ul style="list-style-type: none">• access sources of online information.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>