Australian Government

# HLTMSG016 Apply principles of pain neuroscience

**Release: 1**

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## Modification History

Not applicable.

## Application

This unit describes the performance outcomes, skills and knowledge required to apply the principles of pain neuroscience in health care assessment and treatment.

This unit applies to a broad range of health care practitioners.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

## Pre-requisite Unit

Nil

## Competency Field

Massage Therapy

## Unit Sector

Health

## Elements and Performance Criteria

| ELEMENTS | PERFORMANCE CRITERIA |
|---|---|
| *Elements describe the essential outcomes* | *Performance criteria describe the performance needed to demonstrate achievement of the element.* |
| 1. Maintain practical knowledge of the principles of pain neuroscience. | 1.1. Research and monitor credible sources of information relevant to pain neuroscience. |
| | 1.2. Interpret credible sources of information to identify recent developments in pain neuroscience relevant to health care assessment and treatment. |
| | 1.3. Reflect on application of recent developments in pain neuroscience to own health care assessment and treatment practice. |
| 2. Apply principles of pain neuroscience to | 2.1. Consult with client and review client health records to |

| | gather client pain presentation information. |
| health care assessment and treatment. | 2.2. Discuss biopsychosocial factors that may impact on pain presentation with the client. |
| | 2.3. Discuss health care treatment options and client expectations relevant to pain presentation with the client. |
| | 2.4. Document health care treatment plan to meet client needs including pain presentation. |
| | 2.5. Recognise pain presentation needs that are beyond scope of own practice and offer referrals where needed. |
| 3. Reflect on practice. | 3.1. Use feedback from others and self-reflection to determine improvements to own practice. |
| | 3.2. Identify areas of own practice for further research or development to support client outcomes. |
| | 3.3. Proactively seek and respond to professional development opportunities relevant to pain neuroscience. |
| | 3.4. Identify current and emerging industry developments and networks that can support improvement of own practice. |

## Foundation Skills

*Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.*

| SKILLS | DESCRIPTION |
|---|---|
| Reading skills to: | • comprehend and interpret client records. |
| Writing skills to: | • record client information accurately and comprehensively. |
| Oral communication skills to: | • use listening and questioning to seek information and confirm understanding |
| | • deliver information to an audience in an appropriate manner to ensure comprehension. |
| Technology skills to: | • access online sources of information. |

## Unit Mapping Information

No equivalent unit.

## Links

Companion Volume implementation guides are found in VETNet -