



Australian Government

HLTMSG014 Provide remedial massage treatments

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to prepare for and provide remedial massage treatments based on the outcomes of an existing health assessment and treatment plan.

This unit applies to remedial massage therapists working with clients presenting with musculoskeletal dysfunction, pain or injury, acute or chronic pain, and pathological conditions.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certificate or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Massage Therapy

Unit Sector

Health

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Prepare for client treatment.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Review available client information from intake form or records.
- 1.2. Prepare self, treatment area and equipment for providing treatment in accordance with organisational protocols.
- 1.3. Clearly outline how the remedial treatment will be provided and managed, based on assessment and agreed treatment approach.

- 1.4. Discuss with client the possible reactions to treatment and how to respond if any occur.
- 1.5. Follow work health and safety (WHS) standards and organisational protocols to physically prepare the client for treatment.
- 1.6. Confirm client informed consent for remedial treatment in accordance with legal and ethical considerations.
2. Use remedial massage treatment techniques.
 - 2.1. Apply remedial treatment techniques according to treatment plan.
 - 2.2. Continually monitor and adjust treatment according to client feedback and response.
 - 2.3. Position client to optimise comfort and support while allowing for optimum application of techniques.
 - 2.4. Maintain client dignity through use of draping.
 - 2.5. Maintain efficient and effective use of own and client's body position and movements throughout treatment.
 - 2.6. Maintain client-focused attention throughout treatment.
 - 2.7. Reassess client post-treatment.
3. Provide advice and information to the client.
 - 3.1. Provide information and practical techniques to client that support the remedial treatment plan.
 - 3.2. Support client independence and discuss client's role in achieving treatment outcomes.
 - 3.3. Respond to client enquiries using language the client understands.
 - 3.4. Use honesty and integrity when explaining treatment options, schedules and recommendations to the client.
 - 3.5. Document all treatment and findings including post-treatment recommendations.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS

DESCRIPTION

- | | |
|-------------------------------|--|
| Reading skills to: | <ul style="list-style-type: none"> comprehend and interpret client records. |
| Writing skills to: | <ul style="list-style-type: none"> record client information accurately and comprehensively. |
| Oral communication skills to: | <ul style="list-style-type: none"> use listening and questioning to seek information and confirm understanding deliver information to an audience in an appropriate manner |

to ensure comprehension.

Technology skills to:

- access online sources of information.

Unit Mapping Information

Supersedes and is not equivalent to HLTMSG005 Provide remedial massage treatments.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>