



Australian Government

HLTMSG013 Perform remedial massage musculoskeletal assessments

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to assess clients presenting with symptoms, musculoskeletal conditions or restriction in range of motion. It requires the ability to gather client information, conduct specific tests and bring information together to develop a remedial massage treatment plan. There is a strong focus on functional anatomy.

This unit applies to remedial massage therapists.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certificate or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Massage Therapy

Unit Sector

Health

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Determine scope of client needs.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Clarify client expectations and identify client motivation for wanting to receive remedial treatment.
- 1.2. Provide clear information about scope and limits of services to be provided, in accordance with legal and ethical considerations.
- 1.3. Collect an accurate, relevant and organised health record

- and document in a form which can be interpreted readily by other professionals.
- 1.4. Recognise needs that are beyond scope of own practice and make referrals to other health care professionals as required.
 - 1.5. Identify and respond to any barriers to information gathering and assessment.
 - 1.6. Seek client information respectfully and sensitively, using purposeful, systematic and diplomatic questions.
 - 1.7. Manage information in a confidential and secure way.
2. Conduct client assessment.
- 2.1. Determine appropriate assessment process.
 - 2.2. Provide information about the assessment process and obtain informed client consent to proceed.
 - 2.3. Follow clinical and therapist hygiene protocols and work health and safety (WHS) standards.
 - 2.4. Respect client dignity and anticipate potential sensitivities.
 - 2.5. Seek client feedback on comfort levels throughout assessment process.
 - 2.6. Assess client through palpation, observation, range of motion (ROM) testing and client's reported outcomes.
 - 2.7. Observe and note any client concerns about pain or health.
 - 2.8. Identify variations of posture or structural function in relation to presenting symptoms.
 - 2.9. Analyse variables of presenting condition through use of functional and special testing.
 - 2.10. Use ongoing discussions with client to gain subjective information as required for assessment.
 - 2.11. Document information from the assessment according to organisational policies and procedures.
3. Develop treatment plan.
- 3.1. Correlate results of assessment with case history.
 - 3.2. Consider available medical information and incorporate into analysis within scope of own practice.
 - 3.3. Identify condition according to stage and related implications.
 - 3.4. Identify and respond to cautions or contraindications for remedial treatments.
 - 3.5. Determine optimum techniques to be used for treatments.
 - 3.6. Use outcomes of assessment and analysis to determine and discuss treatment plan and expected client outcomes.
 - 3.7. Document all proposed treatment plan.
4. Confirm assessment and treatment plan with client.
- 4.1. Discuss assessment, its implications and rationale for treatment with the client.
 - 4.2. Assign and agree treatment priorities and expectations in

consultation with the client.

4.3. Respond to client questions and concerns using language the client understands.

4.4. Obtain informed consent for remedial treatment.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	comprehend and interpret client records.
Writing skills to:	record client assessment information accurately and comprehensively.
Oral communication skills to:	- use listening and questioning to seek information and confirm understanding - deliver information to a client in an appropriate manner to ensure comprehension.

Unit Mapping Information

Supersedes and is not equivalent to HLTMSG003 Perform remedial massage musculoskeletal assessments.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>