



Australian Government

HLTMSG012 Apply relaxation massage clinical practice

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to undertake relaxation massage consultations in a clinical setting. This includes provision of relaxation massage treatments, as well as clinic preparation for consultation, client assessment and monitoring of client during treatment. It incorporates understanding of industry practices and professional development opportunities for massage therapists.

This unit applies to massage therapists.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certificate or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Massage Therapy

Unit Sector

Health

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Undertake client intake procedures.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Prepare self, treatment area and equipment for client consultation in accordance with organisational protocols.
- 1.2. Greet client using a clear voice and professional manner.
- 1.3. Ensure client records are complete including consent to commence consultation and to access health records.
- 1.4. Direct client to treatment room.

- 1.5. Review client records with client to inform consultation.
 - 1.6. Clarify client expectations and identify client motivation for wanting to receive massage treatment.
 - 1.7. Provide clear information about scope and limits of services to be provided, according to legal and ethical considerations.
2. Conduct client assessment.
 - 2.1. Perform assessment appropriate to meet client needs.
 - 2.2. Collect accurate and relevant information from assessment and document to inform treatment plan.
3. Develop treatment plan.
 - 3.1. Analyse and integrate health history and assessment findings to formulate appropriate treatment plan.
 - 3.2. Outline and discuss treatment plan with client.
 - 3.3. Obtain and record informed consent for massage treatment.
4. Provide massage treatment.
 - 4.1. Follow work health and safety (WHS) and organisational protocols to physically prepare the client for treatment.
 - 4.2. Perform massage according to treatment plan and allocated time.
 - 4.3. Adjust treatment as required according to client feedback and therapist ongoing assessment.
 - 4.4. Document treatment provided, therapist observations and client feedback according to organisational policies and procedures.
 - 4.5. Discuss post-treatment recommendations and options for further treatments and referrals.
5. Develop professional practice.
 - 5.1. Use feedback from others and self-reflection to determine improvements to own practice.
 - 5.2. Identify areas of own practice for further research and development to support client outcomes.
 - 5.3. Proactively seek and respond to professional development opportunities.
 - 5.4. Identify current and emerging industry developments and networks that can support improvement of own practice.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS

Reading skills to:

DESCRIPTION

- comprehend and interpret client health records
- interpret information from a range of sources.

- Writing skills to:
- record client information accurately and comprehensively.
- Oral communication skills to:
- use listening and questioning to seek information and confirm understanding.
- Technology skills to:
- access sources of online information.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>