



Australian Government

HLTMSG011 Provide massage treatments

Release: 1

HLTMSG011 Provide massage treatments

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to prepare for and provide massage treatments using a range of relaxation techniques and sequences.

This unit applies to massage therapists providing relaxation massage treatments. It does not include remedial massage techniques.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certificate or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Massage Therapy

Unit Sector

Health

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Prepare for client treatment.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Review available client information from intake form or records.
- 1.2. Prepare self, treatment area and equipment for providing treatment in accordance with organisational protocols.
- 1.3. Clearly outline how the treatment will be provided and managed, based on assessment and agreed treatment approach.
- 1.4. Discuss with the client possible physical or emotional reactions that may occur during and following treatment, and

- the appropriate course of action to take.
- 1.5. Follow work health and safety (WHS) and organisational protocols to physically prepare the client for treatment.
 - 1.6. Confirm client informed consent for treatment in accordance with legal and ethical considerations.
2. Use massage treatment techniques.
 - 2.1. Determine treatment sequence, location and degree of pressure according to assessment indications and scope of practice.
 - 2.2. Position client to optimise comfort and support while allowing for effective application of techniques.
 - 2.3. Maintain client dignity through use of draping.
 - 2.4. Maintain efficient and effective use of own body position and movements throughout treatment.
 - 2.5. Maintain client-focused attention throughout treatment.
 - 2.6. Adjust treatment techniques and pressure based on client verbal and non-verbal feedback.
3. Monitor treatment.
 - 3.1. Monitor the client and their response during treatment and adapt treatment accordingly.
 - 3.2. Review and amend treatment plan during treatment to meet client needs.
 - 3.3. Recognise reactions to treatment and respond promptly if necessary.
 - 3.4. Seek feedback after treatment, evaluate and discuss need for ongoing or additional treatment including other health care options.
4. Provide advice and resources to the client.
 - 4.1. Provide information to client that supports their treatment outcomes.
 - 4.2. Respond to client enquiries using language the client understands.
 - 4.3. Provide information about ongoing treatment including other health care options.
 - 4.4. Document all treatment details and recommendations made.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS

DESCRIPTION

Reading skills to:

- comprehend and interpret client records.

- Writing skills to:
- record client information accurately and comprehensively.
- Oral communication skills to:
- use listening and questioning to seek information and confirm understanding
 - deliver information to an audience in an appropriate manner to ensure comprehension.
- Initiative and enterprise skills to:
- provide appropriate information to client to encourage rebooking and booking of additional services.
- Technology skills to:
- access online sources of information.

Unit Mapping Information

Supersedes and is not equivalent to HLTMSG004 Provide massage treatments.

Links

Companion Volume implementation guides are found in VETNet -
<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>