



Australian Government

HLTMSG010 Assess client massage needs

Release: 1

HLTMSG010 Assess client massage needs

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to gather client information, make a client assessment and determine massage treatment options.

This unit applies to massage therapists providing therapeutic and relaxation massage treatments. It does not include remedial massage assessment techniques.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certificate or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Massage Therapy

Unit Sector

Health

Elements and Performance Criteria

ELEMENTS

Elements define the essential outcomes

1. Determine scope of client needs.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Ensure client completes client intake form prior to assessment.
- 1.2. Clarify client expectations and identify reason client is wanting to receive massage therapy.
- 1.3. Provide clear information about scope and limits of services to be provided.
- 1.4. Collect accurate, relevant and organised health record and document in a form which can be interpreted readily by other professionals.

- 1.5. Recognise needs that are beyond scope of own practice, and discuss other health care options as required with client.
 - 1.6. Identify and respond to any barriers to information gathering and assessment.
 - 1.7. Seek client information respectfully using purposeful, systematic and diplomatic questioning.
 - 1.8. Manage information in a confidential and secure way in accordance with legal and ethical considerations.
2. Conduct client assessment.
 - 2.1. Determine appropriate assessment process.
 - 2.2. Advise client about the assessment process and obtain informed client consent to proceed.
 - 2.3. Follow clinical and therapist hygiene protocols.
 - 2.4. Respect client dignity and anticipate potential sensitivities.
 - 2.5. Seek client feedback on comfort levels throughout assessment process.
 - 2.6. Assess client through palpation and observation.
 - 2.7. Observe and note any client concerns about pain and health.
 - 2.8. Identify and respond to cautions and contra-indications to massage treatment.
 - 2.9. Document all assessment findings.
3. Determine and discuss treatment approach.
 - 3.1. Discuss assessment findings to determine treatment needs.
 - 3.2. Discuss assessment and rationale for treatment with the client.
 - 3.3. Respond to client enquiries using language the client understands.
 - 3.4. Discuss referral and collaborative options with the client.
 - 3.5. Obtain informed consent for massage therapy treatment.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Writing skills to:	record client assessment information accurately and comprehensively.
Oral communication skills to:	- use listening and questioning to seek information and confirm understanding - deliver information to an audience in an appropriate manner to ensure comprehension.

Unit Mapping Information

Supersedes and is not equivalent to HLTMSG002 Assess client massage needs.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>