



Australian Government

HLTMSG004 Provide massage treatments

Release: 1

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Modification History

Release	Comments
Release 1	<p>This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.</p>

Application

This unit describes the skills and knowledge required to prepare for and provide massage treatments using a defined range of techniques and sequences.

This unit applies to massage therapists providing general health maintenance treatments. It does not include remedial massage techniques.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Prepare client for treatment

1.1 Clearly outline how the treatment will be provided and managed based on assessment and agreed treatment approach

1.2 Explain factors which may interfere with the effectiveness of the treatment

1.3 Inform the client of possible physical or emotional reactions during and following a session, and the appropriate course of action to take

1.4 Follow established protocols to physically prepare the

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

client for treatment

1.5 Confirm client consent for treatment

2. Use massage techniques and sequences

2.1 Determine treatment sequence, location and degree of pressure according to assessment indications and scope of practice

2.2 Position client to optimise comfort and support while allowing for effective application of techniques

2.3 Maintain client dignity through use of draping

2.4 Maintain therapist postures that ensure a controlled distribution of body weight

2.5 Maintain client-focused attention throughout session

2.6 Adjust treatment techniques and pressure based on client feedback

3. Monitor treatment

3.1 Use the condition and response of the client during treatment as feedback to the initial assessment

3.2 Use established massage assessment frameworks

3.3 Recognise reactions to treatment and respond promptly if necessary

3.4 Seek feedback during and after treatment, and evaluate need for ongoing or additional treatment, including referral to other health services

4. Provide advice and resources to the client

4.1 Provide client education in relation to self care

4.2 Answer client queries with clarity, using appropriate language

4.3 Provide accurate details of treatment plans, schedules and recommendations to the client

4.4 Clearly document treatment details and recommendations made

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>