



Australian Government

HLTMSG003 Perform remedial massage musculoskeletal assessments

Release: 1

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Modification History

| Release | Comments |
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| Release 1 | <p>This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Merged HLTREM503C/HLTREM504C/HLTREM505C. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.</p> |

Application

This unit describes the skills and knowledge required to assess the needs of clients presenting with soft tissue dysfunction, musculoskeletal imbalance or restrictions in range of motion (ROM). It requires the ability to gather client information, conduct specific tests and bring information together to develop a remedial massage treatment plan. There is a strong focus on functional anatomy.

This unit applies to remedial massage therapists.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Determine scope of client needs

- 1.1 Explore and clarify client expectations
- 1.2 Provide clear information about scope and limits of services to be provided
- 1.3 Collect an accurate, relevant and organised health record, and document in a form which can be interpreted

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readily by other professionals

1.4 Recognise needs that are beyond scope of own practice and make referrals to other health care professionals as required

1.5 Identify and respond to any barriers to information gathering and assessment

1.6 Seek client information respectfully and sensitively, using purposeful, systematic and diplomatic questions

1.7 Manage information in a confidential and secure way

2. Make a physical assessment

2.1 Provide information about the physical assessment process and obtain client consent to proceed

2.2 Follow clinical and practitioner hygiene procedures

2.3 Respect client dignity and anticipate sensitivities

2.4 Seek client feedback on comfort levels

2.5 Assess client through palpation, observation and ROM testing

2.6 Identify variations from normal posture or structural function in relation to presenting symptoms

2.7 Analyse static and dynamic variables of posture through use of functional and special testing indicated by presenting condition

2.8 Use ongoing questioning with client to gain further information as required

2.9 Accurately document information from the physical assessment

3. Develop treatment plan

3.1 Correlate results of physical assessment with case history

3.2 Consider available medical information and incorporate into analysis within scope of own practice

3.3 Identify condition according to stage and related implications

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

3.4 Identify and respond to indications or contraindications for remedial massage

3.5 Determine optimum type, duration and frequency of treatments

3.6 Use professional judgement to draw substantiated conclusions about treatment needs

3.7 Establish expected treatment outcomes based on the remedial massage framework and evidence

3.8 Accurately document proposed treatment plan

4. Confirm assessment and treatment plan with client

4.1 Discuss assessment, its implications and rationale for treatment with the client

4.2 Assign and agree treatment priorities and expectations in consultation with the client

4.3 Schedule times and session lengths suited to the required techniques and sequences

4.4 Respond to client enquiries using language the client understands

4.5 Discuss referral and collaborative options with the client as required

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>