



Australian Government

HLTMSG002 Assess client massage needs

Release: 1

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Modification History

| Release | Comments |
|-----------|---|
| Release 1 | <p>This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Merged HLTREM407C/HLTREM408C/HLTREM409C. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.</p> |

Application

This unit describes the skills and knowledge required to gather client information, make a physical assessment of the body and determine massage treatment options.

This unit applies to massage therapists providing general health maintenance treatments. It does not include remedial massage assessment techniques.

This unit applies to massage therapists.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Determine scope of client needs

1.1 Clarify client expectations

1.2 Provide clear information about scope and limits of services to be provided

1.3 Collect accurate, relevant and organised health record and document in a form which can be interpreted readily by other professionals

1.4 Recognise needs that are beyond scope of own practice, and make referrals to other health care

- professionals as required
- 1.5 Identify and respond to any barriers to information gathering and assessment
 - 1.6 Seek client information respectfully and sensitively, using purposeful, systematic and diplomatic questions
 - 1.7 Manage information in a confidential and secure way
2. Make a physical assessment
- 2.1 Advise client about the physical assessment process and obtain client consent to proceed
 - 2.2 Follow clinical and practitioner hygiene protocols
 - 2.3 Respect client dignity and anticipate potential sensitivities
 - 2.4 Seek client feedback on comfort levels throughout assessment process
 - 2.5 Assess client through palpation, observation and range of motion (ROM) testing
 - 2.6 Identify and respond to contra-indications to massage treatment
 - 2.7 Accurately document assessment findings
3. Determine and communicate treatment approach
- 3.1 Determine treatment needs by integrating findings from physical assessment, observation and communication
 - 3.2 Discuss assessment and rationale for treatment with the client
 - 3.3 Respond to client enquiries using language the client understands
 - 3.4 Discuss referral and collaborative options with the client as required

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>