



Australian Government

HLTKIN004 Provide kinesiology balances

Release: 2

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Modification History

Release	Comments
Release 1	<p>This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.</p>

Application

This unit describes the skills and knowledge required to obtain client information, conduct kinesiology tests and correlate client and practitioner perspectives to make an assessment about healing needs. Kinesiologists are not expected to diagnose conditions but must be able to recognise the indications and contraindications of conditions.

This unit applies to kinesiologists.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Prepare the client for kinesiology balance

1.1 Provide clear information about muscle monitoring and balancing and confirm understanding

1.2 Explain factors which may interfere with the effectiveness of the balance

1.3 Inform the client of potential reactions during and following a session and the appropriate course of action to take

1.4 Explain to the client how the balancing process

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supports innate healing capacities and the role of the kinesiologist as the facilitator for that process

2. Identify priority issue through kinesiological enquiry

2.1 Identify priority issue based on client's expectations, review of data from assessment and the client treatment plan

2.2 Respond to client enquiries using language the client understands

2.3 Muscle monitor to confirm client's willingness and capacity for healing on the priority issue

2.4 Identify and record imbalances according to modality procedures and the client treatment plan

2.5 Identify and evaluate need for singular or multiple sessions based on outcomes of enquiry and client feedback

3. Apply balancing techniques through muscle monitoring

3.1 Identify balancing options and select relevant muscles using established modality protocols based on kinesiology enquiry and assessment indications

3.2 Use the condition and response of the client as a continual feedback to the initial assessment

3.3 Maintain client-focused attention throughout the session

3.4 Use appropriate correction techniques as indicated by muscle monitoring responses

3.5 Explain corrections and/or activities performed during the session to the client

4. Monitor and record progress of balancing

4.1 Monitor and evaluate effectiveness of all corrections

4.2 Recognise reactions to treatment and respond promptly if necessary

4.3 Continue applying corrections until the muscle monitoring process indicates that the balance is complete for this session or the agreed amount of time has

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passed/elapsed

4.4 Record client awareness relevant to issue on assessment record

4.5 Compare baseline assessment and evaluate effectiveness of balance

5. Finalise the session

5.1 Educate client in relevant and practical techniques that support the balance

5.2 Answer client queries with clarity using appropriate language

5.3 Use honesty and integrity when explaining recommendations to the client

5.4 Request client to monitor reactions and to contact practitioner as required

5.5 Promote client independence and self-responsibility in treatment when appropriate

5.6 Accurately document details of information provided to client

5.7 Determine need for ongoing sessions in consultation with client

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>