



Australian Government

HLTKIN003 Perform kinesiology assessments

Release: 1

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Modification History

Release	Comments
Release 1	<p>This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Merged HLTkin402B/HLTkin403B/HLTkin404B/ HLTkin506B/ HLTkin507B/HLTkin508B. Some content in HLTkin002. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.</p>

Application

This unit describes the skills and knowledge required to obtain client information, conduct kinesiology tests and correlate client and practitioner perspectives to make an assessment about healing needs. Kinesiologists are not expected to diagnose conditions but must be able to recognise the indications and contraindications of conditions.

This unit applies to kinesiologists.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT	PERFORMANCE CRITERIA
<i>Elements define the essential outcomes</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Determine scope of client needs	<p>1.1 Explore and clarify client expectations</p> <p>1.2 Provide clear information about scope and limits of services to be provided</p> <p>1.3 Recognise needs that are beyond scope of own practice and make referrals to other health care professionals</p>

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

2. Use indicator muscle monitoring for assessment

- 1.4 Seek client information respectfully and sensitively, using purposeful, systematic and diplomatic questions
- 1.5 Identify and respond to any barriers to information gathering and assessment
- 1.6 Collect accurate, relevant and organised health record and document in a form which can be interpreted readily by other professionals
- 1.7 Manage information in a confidential and secure way according to records management legislative requirements

- 2.1 Provide clear and accurate information about the muscle monitoring process and factors impacting effectiveness
- 2.2 Obtain client consent to proceed with assessment
- 2.3 Follow standard infection control procedures
- 2.4 Follow established modality protocols to physically prepare the client for muscle monitoring
- 2.5 Seek client feedback on comfort levels and maintain client dignity at all times
- 2.6 Use muscle monitoring to investigate physical, mental, emotional, nutritional, energetic, lifestyle and other appropriate contexts
- 2.7 Investigate causes of indicator muscle stress responses in a deliberate, logical and compassionate manner
- 2.8 Use questioning with client to gain further required information
- 2.9 Accurately record findings of muscle monitoring

3. Develop treatment plans

- 3.1 Correlate outcomes of muscle monitoring, other information gathered and case history
- 3.2 Read, interpret and integrate information and reports from other health professionals

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

3.3 Identify and respond to pre-requisites or contraindications to balancing.

3.4 Evaluate and respond to the physical, mental, emotional and lifestyle factors that contribute to successful treatment outcomes

3.5 Identify frequency, duration and possible sequencing of balances to address client needs

3.6 Accurately document proposed treatment plan

4. Confirm treatment plan with client

4.1 Communicate with the client correlations between client history, current client presentation and kinesiology principles

4.2 Discuss with the client possible approaches to treatment based on assessment findings

4.3 Agree priorities and expectations in consultation with the client

4.4 Respond to client enquiries using language the client understands

4.5 Discuss referral and collaborative options with the client according to individual needs

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>