



Australian Government

HLTKIN001 Develop kinesiology practice

Release: 1

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Modification History

Release	Comments
Release 1	<p>This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence.</p>

Application

This unit describes the skills and knowledge required to establish the foundations of kinesiology practice, evaluate what makes a sustainable practice and then to develop an approach to own practice.

This unit applies to kinesiologists and other practitioners who may use kinesiology as an adjunct to another complementary or allied health modality.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Establish foundations of kinesiology practice

1.1 Identify, access and interpret information about the central philosophies of kinesiology practice

1.2 Evaluate the kinesiology system of healing in relation to its application to current health issues

1.3 Compare and contrast kinesiology, other complementary health modalities and broader health practice

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

2. Represent the kinesiology framework

2.1 Determine information needs of different individuals and groups

2.2 Identify key messages that represent the philosophy and practice of kinesiology

2.3 Communicate information about kinesiology at a level of depth appropriate to audience needs

3. Determine requirements for sustainable kinesiology practice

3.1 Identify key issues that affect the development and sustainability of professional practice

3.2 Identify economic, environmental, human and social considerations and their impact on professional practice

3.3 Establish a personal health strategy that supports kinesiology practice

3.4 Access, interpret and collate current information that supports kinesiology best practice

4. Develop approach to own practice

4.1 Reflect on professional goals and aspirations

4.2 Identify and assess professional opportunities in kinesiology

4.3 Consider the opportunities and constraints of individual personal circumstances

4.4 Make decisions about practice direction, based on reflection and research

4.5 Develop practical strategies that address own practice goals

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>