



**Australian Government**

# **HLTENN031 Apply nursing practice in the contemporary mental health care setting**

**Release: 1**

# HLTENN031 Apply nursing practice in the contemporary mental health care setting

## Modification History

Release	Comments
Release 1	<p>This version was released in <i>HLT Health Training Package release 3.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Removed pre-requisites. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence.</p> <p>Supersedes HLTEN617C</p>

## Application

This unit describes the skills and knowledge required to work as part of the interdisciplinary health care team providing care for people requiring mental health services.

Enrolled nurses working in the mental health care need to hold and apply specialised in-depth knowledge, effectively integrate theory and practice, and make reliable clinical assessments and judgements.

This unit applies to enrolled nurses, registered with the Nursing and Midwifery Board of Australia, seeking specialisation in enrolled nurse work that is carried out in consultation and collaboration with registered nurses, and under direct or indirect supervisory arrangements aligned to the Nursing and Midwifery Board of Australia regulatory authority legislative requirements.

*The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.*

## Elements and Performance Criteria

### ELEMENT

*Elements define the essential outcomes*

1. Work as part of an interdisciplinary health care team in mental health care

### PERFORMANCE CRITERIA

*Performance criteria describe the performance needed to demonstrate achievement of the element.*

1.1 Contribute appropriately to support the interdisciplinary health care team in managing care of the person requiring mental health care

**ELEMENT****PERFORMANCE CRITERIA**

*Elements define the essential outcomes*

*Performance criteria describe the performance needed to demonstrate achievement of the element.*

- 1.2 Contribute to achieving effective team work and supportive positive group dynamics when working with health care colleagues
  - 1.3 Implement into own nursing practice the philosophical and policy frameworks for managing care for the person requiring mental health services
  - 1.4 Identify the contributions of emergency services, referring agencies, hospital and community team staff and community support groups to the care needs of the person with a mental health condition
  - 1.5 Participate safely as part of team in interventions involving chemical or physical restraint, and document in accordance with organisation policy and procedures
  - 1.6 Identify when the acuity of a person is beyond own skills and knowledge and promptly consult with registered nurse and relevant interdisciplinary health care team members
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2. Clarify the impact of mental health treatment and rehabilitation on the person, family or carer
    - 2.1 Perform holistic assessment including mental health assessment of the person in consultation and collaboration with the registered nurse
    - 2.2 Identify the impact of a mental health condition on the person and family or carer where appropriate
    - 2.3 Identify opportunities where indicated, to provide the person, family or carer with information on availability and access to recovery-orientated health services and community resources
    - 2.4 Provide the person with education to promote their well-being and self-management of their mental health condition
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3. Relate therapeutically to a person with a mental health condition
    - 3.1 Respond to the person's behaviour in a therapeutic manner, recognising antecedents for behaviour as appropriate
    - 3.2 Acknowledge the person's individual experiences in a non-judgemental manner
    - 3.3 Demonstrate knowledge of the stages and philosophy

**ELEMENT****PERFORMANCE CRITERIA**

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of therapeutic relationships

3.4 Prioritise care issues for the person in accordance with their presentation and behaviour

3.5 Maintain professional boundaries with the person, and set appropriate limits for therapeutic interventions

3.6 Recognise own verbal and non-verbal cues that may impact the person and others, and amend own communication practices as required

3.7 Seek out opportunities and participate in professional development, acquiring knowledge to guide own practice

4. Evaluate the care plan for a person with mental health condition, and support a person's self-management

4.1 Critically review the care plan and propose changes or modifications according to the person's progress toward planned outcomes in consultation and collaboration with interdisciplinary health care team

4.2 Evaluate nursing interventions provided and consider identified outcomes against evidence-based best practice in mental health nursing care

4.3 Promote the person's self-management of their condition and assist them to provide accurate information to their family or carer on their mental health care needs

4.4 Document uptake by the person of specific health promotion initiatives to support their self-management

**Foundation Skills**

*The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.*

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

**Unit Mapping Information**

No equivalent unit.

## **Links**

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>