



Australian Government

Assessment Requirements for HLTENN009 Implement and monitor care for a person with mental health conditions

Release: 1

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Modification History

Release	Comments
Release 1	<p>This version was released in <i>HLT Health Training Package release 3.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Minimal change to knowledge evidence.</p> <p>Supersedes HLTEN510B</p>

Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- undertaken nursing work in accordance with Nursing and Midwifery Board of Australia professional practice standards, codes and guidelines
- analysed, planned and evaluated the health care of 2 people with a mental health condition, using health information and clinical presentation to reach a conclusion of possible nursing interventions appropriate to their mental health condition, and in consultation with a registered nurse in the workplace.

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- application of nursing theory to a mental health context
- social, psychological, cognitive and physical factors associated with mental health conditions
- consumer and carer perspectives on mental health care
- impact of stigma, discrimination, culture and belief systems on a person with a mental health condition
- common mental health conditions by classification or disorder, and their treatment and management including:

- mood disorders
- personality disorders
- anxiety disorders
- psychoses
- organic disorders
- panic disorder
- social phobia and specific phobias
- obsessive-compulsive disorder
- post-traumatic stress disorder
- depression
- bipolar disorder
- eating disorders
- borderline personality disorder
- schizophrenia
- dementia
- delirium
- anxiety disorder
- appropriate response to a person in distress or crisis including:
 - applying appropriate communication skills with the person
 - identifying possible causal factors and addressing where possible
 - enlisting support and assistance from colleagues
- common behaviours associated with a range of mental health conditions, and the effect of behaviours on the person and others
- how to manage challenging behaviours including recognising triggers and deflecting them, using active listening and observation skills, ensuring effective communication and seeking expert assistance
- the principles of recovery in the mental health context
- national framework for recovery-orientated mental health services (Australian Government):
 - principles of recovery-oriented practice
 - evidence-based practice in the context of recovery
- key features of the mental health legislation including:
 - objectives
 - involuntary admission
 - consumer rights
 - involuntary review processes
 - seclusion and restraint
 - admission procedures
 - community treatment orders
 - role of the mental health practitioner
 - consent

- confidentiality
- definition of key terms associated with mental illness
- strategies for managing oral health issues and possible causes such as the side effects of medication, poor nutrition and reduced motivation for self-care.

Assessment Conditions

Skills must have been demonstrated in the workplace with the addition of simulations and scenarios where the full range of contexts and situations cannot be provided in the workplace. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources in line with the Australian Nursing and Midwifery Accreditation Council's Standards including
 - risk assessment tools appropriate to professional nursing practice
 - organisation policy and procedures on which the candidate bases the planning
- modelling of industry operating conditions including access to real people for simulations and scenarios in enrolled nursing work.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

In addition, assessors must hold current registration as a registered nurse with Nursing and Midwifery Board of Australia.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>