



Australian Government

HLTAYV009 Provide therapeutic Ayurvedic nutritional advice

Release: 1

HLTAYV009 Provide therapeutic Ayurvedic nutritional advice

Modification History

Release	Comments
Release 1	<p>This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Merged HLTAVY601C/HLTAYV602C/HLTAYV605D/HLTAYV613D. Some content also in HLTAYV010. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.</p>

Application

This unit describes the skills and knowledge required to determine an Ayurvedic nutritional treatment strategy based on an existing diagnosis, provide relevant advice to the client and complete treatment documentation.

This unit applies to Ayurvedic practitioners working with clients to address specific therapeutic needs.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

Elements define the essential outcomes

1. Establish dietary and nutritional plans

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1 Identify potential dietary modifications or nutritional supplements based on identified vikruti and virudha ahara (lifestyle) from within the Ayurvedic framework
- 1.2 Assess inherited, congenital, acquired and seasonal factors that may be affecting nutritional status
- 1.3 Consider treatment and advice provided by other

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

health care professionals

1.4 Determine any contraindications to dietary changes and supplement provisions and adjust plan accordingly

1.5 Take into consideration cultural factors and other possible client compliance issues

1.6 Establish timeframe, therapeutic expectations and evaluation mechanisms

1.7 Clearly document plan and its component parts using language to assist client interpretation

2. Provide advice and resources to the client

2.1 Clearly explain proposed dietary plan to client with rationale and expectations

2.2 Provide clear instructions, and negotiate if required

2.3 Explain factors which may interfere with the effectiveness of the treatment

2.4 Negotiate the management of dietary modifications in relation to other current medicines

2.5 Request client to monitor responses to the supplements and to contact practitioner as required

2.6 Clarify and agree responsibilities of practitioner and client within the treatment plan

2.7 Explain and agree evaluation strategies

3. Complete treatment documentation

3.1 Accurately record details of dietary plans and recommendations in client file

3.2 Record arrangements for treatment review according to clinic guidelines

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>