



Australian Government

HLTAYV008 Provide Ayurvedic remedial therapies

Release: 2

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Modification History

Release	Comments
Release 2	This version was released in <i>HLT Health Training Package release 3.0</i> . Update to mapping and metadata. Equivalent competency outcome.
Release 1	This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Supersedes HLTAYV611C. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.

Application

This unit describes the skills and knowledge required to prepare for, provide and monitor therapeutic Ayurvedic remedial therapies. Treatments are based on the outcomes of an existing health assessment.

This unit applies to Ayurvedic practitioners.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Prepare client for treatment

1.1 Make preparations according to indicators and information from assessment

1.2 Explain factors which may interfere with the effectiveness of the treatment

1.3 Explain clearly how the treatment will be provided

ELEMENT**PERFORMANCE CRITERIA**

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and managed

1.4 Inform the client of possible physical or emotional reactions during and following a session and the appropriate course of action to take

1.5 Follow established protocols and infection control procedures to physically prepare the client for treatment

1.6 Confirm client consent for treatment

2. Use Ayurvedic techniques and sequences

2.1 Determine treatment sequence and location according to Ayurvedic health assessment indications

2.2 Use the condition and response of the client as a continual feedback to the initial assessment

2.3 Position client to optimise their comfort and support while allowing for optimum application of techniques

2.4 Maintain therapist postures that ensure a controlled distribution of body weight

2.5 Maintain client-focused attention throughout the treatment session

2.6 Recognise reactions to treatment and make prompt appropriate response

3. Provide advice and resources to client

3.1 Educate client in relevant and practical techniques for promotion and maintenance of optimum health

3.2 Answer client queries with clarity, using appropriate language

3.3 Use honesty and integrity when explaining treatment plans, schedules and recommendations to the client

3.4 Promote client independence and responsibility in treatment when appropriate

4. Monitor treatment

4.1 Evaluate progress with the client against objectives of the treatment plan

4.2 Identify and record effects of previous treatment from

ELEMENT

Elements define the essential outcomes

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

client and practitioner perspectives

4.3 Evaluate treatment plan and the need for ongoing or additional treatment based on client feedback and ongoing assessment

4.4 Negotiate and document changes to the plan with the client

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>