



Australian Government

Assessment Requirements for HLTAYV008 Provide Ayurvedic remedial therapies

Release: 2

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Modification History

Release	Comments
Release 2	This version was released in <i>HLT Health Training Package release 3.0</i> . Update to mapping and metadata. Equivalent competency outcome.
Release 1	This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Supersedes HLTAYV611C. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.

Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- performed the activities outlined in the performance criteria of this unit during a period of at least 400 hours of Ayurvedic client consultation work
- prepared for and managed at least 40 different remedial therapies sessions, including at least 20 massages. Clients must include males and females from different stages of life with varied presentations
- provided each of the following snehana therapies at least twice:
 - abhyanga
 - bala abhyanga
 - shiro abhyanga
 - nabhi - naval vijnanam and massage
 - karna purana (oil in ear)
 - nasya, pratimarsha (oil in nose)
 - sat karma - kunjala, neti, baghi, basti, bhastrika, nauli
 - shad upkarmas
 - langhana

- brimhana
- rukshana
- snehna
- svedana
- sthambana
- chavitti
- pregnancy massage (part of abyanga)
- massage after pregnancy (mother massage)
- udvartana (massage with pressure, dry and unctuous)
- udgharshana
- navarakizi
- yoga chikitsa
- provided Ayurvedic therapeutic dhara treatments, including each of the following at least twice:
 - shiro dhara
 - parisheka
 - pizichil
 - pinda sweda
 - lepas, basti
 - bhaspa sweda
 - cleanses
- provided Ayurvedic therapeutic basti treatments, including each of the following at least once:
 - hrud basti - snehan over the cardiac region (hridaya)
 - kati basti - snehan over the lumbrosacral region (kati)
- created and maintained complete and accurate client records
- interacted effectively with clients during treatments, providing clear, accurate and supportive information and guidance

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations (national and state/territory) for providing remedial therapies:
 - codes of conduct
 - duty of care
 - infection control
 - informed consent
 - mandatory reporting

- practitioner/client boundaries
- privacy, confidentiality and disclosure
- records management
- work role boundaries
 - working within scope of practice
 - presenting symptoms that require referral to a medical practitioner
- work health and safety
- macrocosm and microcosm & primordial elements, panchamahabhutas
 - trigunas
 - doshas
 - five forms of vata
 - five forms of pitta
 - five forms of kapha
 - dhatus
 - malas
 - agni
 - prakruti
 - examination of the constitution of an individual, prakruti parikshan
 - healthy person, swastha purusha
 - ama
- Ayurvedic remedial therapies and how to apply them:
 - what each therapy does
 - what effects it might have
 - what the cautions and contraindications are
 - herbalised oils and powders used
- Ayurvedic massage oils and powders
- tailas (herbalised oils) lepas, pastes, bolusses and powdered herbs and how to prepare/dispense them
- science of marma:
 - classifications
 - marma points and their reflex points
 - additional marmas in the body
 - techniques of marma massage (107 important points)
- theory of panchakarma
- potential reactions during treatment and how to respond
- potential reactions following treatment and appropriate client advice
- methods of monitoring treatment progress
 - re-assessment
 - client feedback

- types of advice and resources that can be provided to clients for their use outside the clinical environment
- barriers to therapeutic progress and ways to respond within an Ayurvedic framework
- documentation requirements for recording treatment details
- types of symptoms within each body system that may be treated with Ayurvedic tactile therapies

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated clinical environment that reflects workplace conditions. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:
 - Ayurvedic clinic therapy room with relevant equipment
 - herbs, base, essential, herbal oils, waxes, ghees
- modelling of industry operating conditions, including provision of services to the general public
- clinic supervision by a person who meets the assessor requirements outlined below

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

In addition, assessors must:

- have at least 5 years current clinical experience working as an Ayurvedic practitioner providing services to the general public
- hold practising membership of an Australian professional body that represents Ayurvedic practitioners
- fulfil the continuing professional development requirements of the professional body to which they belong

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>