



Australian Government

HLTAYV002 Make Ayurvedic lifestyle assessments

Release: 1

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Modification History

| Release | Comments |
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| Release 1 | This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. New unit. |

Application

This unit describes the skills and knowledge required to assess client needs in the context of an Ayurvedic lifestyle assessment framework. It requires the ability to gather client information and to make an Ayurvedic health assessment.

This unit applies to Ayurvedic practitioners working with clients in a lifestyle or preventative context.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Determine scope of client needs

- 1.1 Explore and clarify client expectations
- 1.2 Provide clear information about scope and limits of lifestyle services to be provided
- 1.3 Recognise needs that are beyond scope of own practice and make appropriate referrals to other health care professionals
- 1.4 Identify and respond to any barriers to information gathering and assessment
- 1.5 Seek client information ethically and respectfully

2. Seek information and make

- 2.1 Collect accurate and relevant health and lifestyle

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

assessment using Ayurvedic tools

Performance criteria describe the performance needed to demonstrate achievement of the element.

information, and document in a form which can be interpreted readily by other Ayurvedic practitioners

2.2 Follow clinical and practitioner hygiene procedures

2.3 Frame client questions based on Ayurvedic framework trividha pariksha (three fold examination) and ashtavidha pariksha (eight fold examination)

2.4 Determine prakruti, vikruti, ama and gunas using Ayurvedic principles

2.5 Accurately record client's presenting issues, goals and expectations

2.6 Manage information and records in a confidential and secure way

3. Confirm assessment and discuss with client

3.1 Correlate findings from client assessment

3.2 Determine imbalances through review of findings according to Ayurvedic principles

3.3 Discuss assessment and rationale with the client

3.4 Assign and agree priorities and expectations in consultation with the client

3.5 Respond to client enquiries using language the client understands

3.6 Discuss referral and collaborative options with the client according to specific needs

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>