



**Australian Government**

# **HLTAYV001 Develop Ayurvedic practice**

**Release: 1**

## HLTAYV001 Develop Ayurvedic practice

### Modification History

Release	Comments
Release 1	<p>This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Merged HLTAYV414D/HLTAYV608C.</p> <p>Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence.</p>

### Application

This unit of competency describes the skills and knowledge required to establish the foundations of an Ayurvedic practice, to evaluate what makes a sustainable practice and then to develop an approach to own practice.

This unit applies to any practitioners working within an Ayurvedic framework.

*The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.*

## Elements and Performance Criteria

### ELEMENT

### PERFORMANCE CRITERIA

*Elements define the essential outcomes*

*Performance criteria describe the performance needed to demonstrate achievement of the element.*

1. Establish foundations of Ayurvedic practice

1.1 Identify, access and interpret information about the central philosophies, principles and practices of Ayurveda

1.2 Evaluate principles and practices of Ayurveda in relation to other health care systems

1.3 Draw on Ayurvedic philosophy to interpret health issues and apply to own practice

2. Represent the Ayurvedic framework

2.1 Determine information needs of different individuals and groups

2.2 Explain the principles and practices of Ayurveda in a way that can be easily understood by those not familiar with the Ayurvedic system

2.3 Communicate information about Ayurveda at a level of depth appropriate to audience needs

3. Determine requirements for sustainable practice

3.1 Identify key issues that affect the development and sustainability of professional practice

3.2 Take account of economic, environmental, human and social considerations

3.3 Research and collate information to support professional practice

4. Develop and maintain own capacity to practise

4.1 Establish and monitor a personal health strategy that reflects the philosophies and principles of Ayurveda

4.2 Model philosophies and principles of Ayurveda in personal and professional interactions

**ELEMENT****PERFORMANCE CRITERIA**

*Elements define the essential outcomes*

*Performance criteria describe the performance needed to demonstrate achievement of the element.*

5. Develop approach to own practice

5.1 Reflect on professional goals and aspirations

5.2 Identify and assess professional opportunities in Ayurvedic medicine

5.3 Consider the opportunities and constraints of individual personal circumstances

5.4 Make decisions about practice direction, based on reflection and research

5.5 Develop practical strategies that address own practice goals

**Foundation Skills**

*The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.*

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency

**Unit Mapping Information**

No equivalent unit.

**Links**

Companion volumes from the CS&HISC website - <http://www.cshisc.com.au>