



**Australian Government**

# **HLTARO009 Select and advise on aromatic therapies**

**Release: 1**

## HLTARO009 Select and advise on aromatic therapies

### Modification History

Release	Comments
Release 1	<p>This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Merged HLTARO604B/HLTARO605B. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Additional assessor requirements.</p>

### Application

This unit describes the skills and knowledge required to determine an aromatic treatment strategy based on an existing health assessment, provide relevant advice to the client and complete treatment documentation. This unit refers to the use of essential oils for internal preparations. Note that the clinical aromatherapist provides the preparation and relevant accompanying advice but does not administer these aromatic preparations.

This unit applies to experienced clinical aromatherapists using specialised aromatic formulations and therapies.

*The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.*

### Elements and Performance Criteria

#### ELEMENT

#### PERFORMANCE CRITERIA

*Elements define the essential outcomes*

*Performance criteria describe the performance needed to demonstrate achievement of the element.*

1. Determine treatment strategy

1.1 Determine the treatment strategy, prognosis and therapeutic expectations according to the health condition, client needs and stage of life

1.2 Evaluate the impact of disease phase or stage on treatment selection

1.3 Consider treatment and advice provided by other health care professionals

1.4 Identify and respond to the need for further research

**ELEMENT****PERFORMANCE CRITERIA**

*Elements define the essential outcomes*

*Performance criteria describe the performance needed to demonstrate achievement of the element.*

in developing the treatment strategy

1.5 Select aromatic preparations and administration method based on individual case presentation

1.6 Take into account factors which may interfere with the effectiveness of the treatment for each essential oil and aromatic extract

1.7 Take into account possible treatment reactions for each essential oil and aromatic extracts and prescription

1.8 Take into account contra-indications for essential oils, aromatic extracts and prescription

2. Provide advice and resources to the client

2.1 Clearly explain treatment rationale and expectations

2.2 Provide clear instructions for taking aromatic preparations, and negotiate according to client needs

2.3 Explain factors which may interfere with the effectiveness of the treatment

2.4 Negotiate the management of selected aromatic preparations in relation to any other current medicines

2.5 Obtain client consent for treatment

2.6 Request client to monitor responses to the aromatic preparations and to contact practitioner as required

2.7 Clarify and agree responsibilities of practitioner and client within the treatment plan

2.8 Explain and agree treatment evaluation strategies

3. Complete treatment documentation

3.1 Document accurate details of aromatic preparations to be provided

3.2 Record details of treatment recommendations in client file

3.3 Record arrangements for treatment review according to clinic guidelines

4. Monitor and evaluate treatment

4.1 Evaluate client progress against agreed evaluation strategies

**ELEMENT**

*Elements define the essential outcomes*

**PERFORMANCE CRITERIA**

*Performance criteria describe the performance needed to demonstrate achievement of the element.*

4.2 Adjust treatment based on evaluation of client progress in consultation with client

4.3 Identify areas for further research to support client outcomes

**Foundation Skills**

*The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.*

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency

**Unit Mapping Information**

No equivalent unit.

**Links**

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>