



Australian Government

HLTARO004 Provide therapeutic aromatherapy treatments

Release: 1

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Modification History

Release	Comments
Release 1	<p>This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.</p>

Application

This unit describes the skills and knowledge required to prepare for and provide therapeutic aromatherapy treatments other than massage. Treatments are based on the outcomes of an existing health assessment.

This unit applies to clinical aromatherapists.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Prepare client for treatment

1.1 Interpret treatment plan and clearly outline how the treatment will be provided and managed

1.2 Explain factors which may interfere with the effectiveness of the treatment

1.3 Inform the client of possible physical or emotional reactions during and following a session and the appropriate course of action to take

1.4 Follow established protocols to physically prepare the client for treatment

1.5 Confirm client consent for treatment

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

2. Prepare treatment oils and equipment

2.1 Select oils and ingredients based on assessment indications and treatment plan

2.2 Blend and prepare oils to suit the treatment and its mode of administration

2.3 Select and safely set up equipment according to treatment requirements

3. Administer aromatherapy treatments

3.1 Follow established aromatherapy treatment sequences and techniques using prepared oils and products

3.2 Use the condition and response of the client as a continual feedback to the initial assessment

3.3 Position client to optimise their comfort while allowing for optimum application of techniques

3.4 Maintain client dignity through use of draping where required

3.5 Maintain postures that ensure a controlled distribution of body weight

3.6 Maintain client-focused attention throughout the treatment session

3.7 Recognise reactions to treatment and respond promptly if necessary

4. Provide advice and resources to the client

4.1 Provide clear information on therapeutic techniques being used, their therapeutic benefits and the underpinning philosophy

4.2 Educate client in relevant and practical techniques that support the treatment plan

4.3 Answer client queries with clarity, using appropriate language

4.4 Use honesty and integrity when explaining treatment plans, schedules and recommendations to the client

4.5 Promote client independence and responsibility in

ELEMENT

Elements define the essential outcomes

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

treatment when appropriate

4.6 Accurately document treatment provided and recommendations made to client

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>