



Australian Government

HLTARO003 Perform aromatherapy health assessments

Release: 1

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Modification History

Release	Comments
Release 1	<p>This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Merged HLTARO402B/HLTARO405B/HLTARO406B. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence. Minimum clinic hours added. Additional assessor requirements.</p>

Application

This unit describes the skills and knowledge required to assess the needs of clients presenting with therapeutic needs. It requires the ability to gather client information, make an overall assessment about treatment needs and bring information together to develop a treatment plan.

This unit applies to clinical aromatherapists.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Determine scope of client needs

- 1.1 Explore and clarify client expectations
- 1.2 Provide clear information about scope and limits of services to be provided
- 1.3 Collect accurate and relevant information and record in a form which can be interpreted readily by other professionals
- 1.4 Recognise needs that are beyond scope of own practice and make referrals to other health care

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professionals as required

1.5 Identify and respond to any barriers to information gathering and assessment

1.6 Seek client information respectfully and sensitively, using purposeful, systematic and diplomatic questions

1.7 Manage information in a confidential and secure way

2. Assess presenting signs and symptoms of condition

2.1 Provide information about the physical assessment process and obtain client consent to proceed

2.2 Follow clinical and practitioner hygiene procedures

2.3 Seek client feedback on comfort levels and maintain client dignity at all times

2.4 Assess client through palpation

2.5 Integrate observation and sensory information gathering techniques

2.6 Use ongoing questioning with client to gain further information as required

3. Develop holistic aromatherapy treatment plan

3.1 Correlate results of physical assessment of presenting condition with case history

3.2 Consider available western medical or current aromatherapy research information and incorporate into analysis within scope of own practice

3.3 Identify condition according to stage and related implications

3.4 Identify indication or contraindication precautions determined by assessment as part of treatment planning

3.5 Select appropriate aromatherapy compounds in accordance with optimal methods of administration based on client assessment indications

3.6 Determine dose, duration and frequency of treatments

3.7 Use professional judgement to draw sound conclusions about treatment needs

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

3.8 Accurately document proposed treatment plan

4. Confirm assessment and treatment plan with client

4.1 Discuss assessment and rationale with the client

4.2 Assign and agree priorities and expectations in consultation with the client

4.3 Respond to client enquiries using language the client understands

4.4 Discuss referral and collaborative options with the client as required

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>