



Australian Government

HLTARO001 Develop aromatherapy practice

Release: 2

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Modification History

Release	Comments
Release 2	This version was released in <i>HLT Health Training Package release 3.0</i> . Update to mapping and metadata. Equivalent competency outcome.
Release 1	This version was released in <i>HLT Health Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Supersedes HLTARO401C. Significant changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence.

Application

This unit of competency describes the skills and knowledge required to establish the foundations of aromatherapy practice, evaluate what makes a sustainable practice and then to develop an approach to own practice.

This unit applies to aromatherapists.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Establish foundations of aromatherapy practice

- 1.1 Identify, access and interpret information on central philosophies of aromatherapy practice
- 1.2 Evaluate the aromatherapy system of treatment and its application to current health issues
- 1.3 Compare and contrast aromatherapy, other complementary health modalities and broader health

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

practice

2. Represent the aromatherapy framework

2.1 Determine information needs of different individuals and groups

2.2 Identify key messages that represent the philosophy and practice of aromatherapy

2.3 Communicate information about aromatherapy at level of depth appropriate to audience needs

3. Determine requirements for sustainable aromatherapy practice

3.1 Identify key issues that affect the development and sustainability of professional practice

3.2 Take account of economic, environmental, human and social considerations and their impact on professional practice

3.3 Establish a personal health strategy that supports aromatherapy practice

3.4 Access, interpret and collate information that supports professional practice

4. Develop approach to own practice

4.1 Reflect on professional goals and aspirations

4.2 Identify and assess professional opportunities in aromatherapy

4.3 Reflect on the opportunities and constraints of individual personal circumstances

4.4 Make decisions about practice direction, based on reflection and research

4.5 Develop practical strategies that address own practice goals

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency

Unit Mapping Information

No equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>