



Australian Government

HLTAMAT003 Provide postnatal health care for mothers and babies

Release: 1

HLTAMAT003 Provide postnatal health care for mothers and babies

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to provide care to mothers and Aboriginal and/or Torres Strait Islander babies in the postnatal period, which is broadly defined as the six week period following birth.

This unit is specific to Aboriginal and/or Torres Strait Islander people working as health practitioners. They work as part of a multidisciplinary primary health care team to provide primary health care services to Aboriginal and/or Torres Strait Islander clients and communities.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No regulatory requirement for certification, occupational or business licensing is linked to this unit at the time of publication. For information about practitioner registration and accredited courses of study, contact the Aboriginal and Torres Strait Islander Health Practice Board of Australia (ATSHPBA).

Pre-requisite Unit

Nil

Competency Field

Maternal and Children's Health

Unit Sector

Aboriginal and/or Torres Strait Islander Health

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Assess mother and baby and plan for postnatal health care.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Use culturally safe and effective communication in all interactions to establish and maintain positive relationships.
- 1.2. Review client information and establish individual care

- requirements.
- 1.3. Complete maternal and baby health assessment and screening tests according to scope of practice and organisational standard treatment protocols.
 - 1.4. Seek information on the social and emotional wellbeing of women and their partners and families to identify support needs and preferences.
 - 1.5. Utilise observations, sensitive and empathetic discussions and relevant assessment tools to evaluate potential postnatal depression and anxiety.
 - 1.6. Develop a postnatal care plan based on client's needs and preferences, organisational care protocols and consultation with relevant health professionals.
 - 1.7. Accurately document details of assessments and care plan in client records according to organisational policies and procedures.
2. Provide postnatal care.
- 2.1. Implement strategies to establish and support breastfeeding and other feeding options according to current guidelines and client preferences.
 - 2.2. Identify minor postnatal problems for mother and baby and provide appropriate care and advice.
 - 2.3. Identify potentially serious health conditions for mother and baby and make referrals according to organisational procedures.
 - 2.4. Provide education on key signs of ill-health in babies and need to present for prompt medical treatment.
 - 2.5. Recognise situations that indicate mother, baby or others may be at risk and respond according to organisational procedures.
 - 2.6. Update client records accurately and according to organisational procedures.
3. Monitor health and provide information to mothers, partners and families during postnatal period.
- 3.1. Monitor maternal and baby health through ongoing scheduled assessments incorporated in care plan.
 - 3.2. Provide information that supports maternal self-care and wellbeing in the postnatal period.
 - 3.3. Provide advice on routine baby care to mothers, their partners and families and make required referrals according to organisational procedures.
 - 3.4. Provide current and accurate information on contraceptive options.
 - 3.5. Clearly explain key healthy lifestyle habits that support mothers in the postnatal period.
 - 3.6. Monitor the social and emotional wellbeing of women and their partners and families and provide appropriate care and

advice.

3.7. Promote the role of other family members in supporting maternal health and wellbeing based on client situation and preferences.

3.8. Update client records accurately and according to organisational procedures.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	interpret sometimes complex and unfamiliar standard treatment protocols and client records involving medical terminology and abbreviations.
Writing skills to:	- produce detailed plans using clear language easily understood by both clients and health care team members - use fundamental sentence structure, health terminology and abbreviations to complete forms and reports that require factual information.
Oral communication skills to:	- provide unambiguous information to clients using plain language and terms easily understood - ask open and closed probe questions and actively listen to elicit information from clients and determine understanding of information provided.
Numeracy skills to:	- interpret sometimes complex medical numerical data and abbreviations in standard treatment protocols and client records - take and record accurate measurements involving weights, lengths, rates and degrees.
Technology skills to:	select and use medical equipment suited to purpose of postnatal physical examinations and tests.

Unit Mapping Information

This unit supersedes and is not equivalent to both HLTAHW029 Provide information and strategies in maternal and infant health or HLTAHW059 Provide postnatal and infant health care. Content merged.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>