



Australian Government

HLTAMAT001 Provide antenatal health care

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to assess the antenatal needs of women pregnant with Aboriginal and/or Torres Strait Islander children, develop plans for their care during pregnancy and monitor their ongoing antenatal health.

This unit is specific to Aboriginal and/or Torres Strait Islander people working as health practitioners. They work as part of a multidisciplinary primary health care team to provide primary health care services to Aboriginal and/or Torres Strait Islander clients and communities.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No regulatory requirement for certification, occupational or business licensing is linked to this unit at the time of publication. For information about practitioner registration and accredited courses of study, contact the Aboriginal and Torres Strait Islander Health Practice Board of Australia (ATSIHPBA).

Pre-requisite Unit

Nil

Competency Field

Maternal and Children's Health

Unit Sector

Aboriginal and/or Torres Strait Islander Health

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Assess client and plan for antenatal health care.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Use culturally safe and effective communication in all interactions to establish and maintain positive relationships.
- 1.2. Obtain client social, general medical and obstetric health history.

- 1.3. Seek information on the social and emotional wellbeing of women and their partners and families to identify support needs and preferences.
 - 1.4. Use information to identify vulnerable and at risk clients and take action to facilitate required support services.
 - 1.5. Complete antenatal health assessment and screening tests according to scope of practice and organisational standard treatment protocols.
 - 1.6. Identify signs and symptoms of pregnancy and calculate expected date of delivery.
 - 1.7. Develop an antenatal care plan based on client's needs and preferences, organisational care protocols and consultation with relevant health professionals.
 - 1.8. Accurately document details of client history, assessments and care plan in client records according to organisational policies and procedures.
2. Monitor antenatal health and provide continuity of care.
 - 2.1. Monitor client antenatal health through ongoing scheduled assessments incorporated in care plan.
 - 2.2. Evaluate assessment outcomes and pregnancy progression against expected benchmarks in consultation with client.
 - 2.3. Identify common conditions linked to pregnancy and provide appropriate care and advice.
 - 2.4. Identify signs of potentially serious complications and make referrals according to organisational procedures.
 - 2.5. Monitor the social and emotional wellbeing of women and their partners and families and provide appropriate care and advice.
 - 2.6. Update client records accurately and according to organisational procedures.
3. Provide information and support during pregnancy.
 - 3.1. Provide information to women about key features of healthy lifestyle during pregnancy and related maternal health risks.
 - 3.2. Consider the importance of spiritual, cultural, family and community ties to women's birthing plans and assist with safe plans based on client needs and preferences.
 - 3.3. Clearly explain signs and stages of labour and pain management techniques at the appropriate time during pregnancy.
 - 3.4. Provide ongoing culturally appropriate support, services and referrals for women and their partners and families based on individual needs.
 - 3.5. Encourage women and their partners to attend appointments according to their antenatal care plan and use active recall strategies for overdue care.
 - 3.6. Update client records accurately and according to

organisational procedures.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	interpret sometimes complex and unfamiliar standard treatment protocols involving medical terminology and abbreviations.
Writing skills to:	- produce detailed plans using clear language easily understood by both clients and health care team members - use fundamental sentence structure, health terminology and abbreviations to complete forms and reports that require factual information.
Oral communication skills to:	- provide unambiguous information to clients using plain language and terms easily understood - ask open and closed probe questions and actively listen to elicit information from clients and determine understanding of information provided.
Numeracy skills to:	- interpret sometimes complex medical numerical data and abbreviations in standard treatment protocols and client records - take and record accurate measurements involving weights, lengths, rates and degrees.
Technology skills to:	select and use medical equipment suited to purpose of antenatal physical examinations and tests.

Unit Mapping Information

This unit supersedes and is not equivalent to both HLTAHW029 Provide information and strategies in maternal and infant health or HLTAHW057 Provide antenatal health care. Content merged.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>