



**Australian Government**

# **Assessment Requirements for HLTAID005 Provide first aid in remote situations**

**Release: 3**

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## Modification History

Release	Comments
Release 1.1	Minor changes to formatting to improve readability.
Release 1.0	<p>This version was released in <i>HLT Health Training Package release 1.0</i> and meets the requirements of the New Standards for Training Packages.</p> <p>Significant changes to elements and performance criteria, changes to scope of unit.</p> <p>New evidence requirements for assessment, including use of contextualised remote scenarios.</p>

## Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role.

There must be demonstrated evidence that the candidate has completed the following tasks at least once in line with state/territory regulations, first aid codes of practice, Australian Resuscitation Council (ARC) guidelines and workplace procedures:

- prepared a contingency plan in relation to providing a first aid response in a remote situation
- conducted a hazard assessment and identified strategies to minimise risk
- demonstrated safe manual handling techniques
- assessed airway, breathing and responsiveness of casualty
- performed at least four minutes of uninterrupted CPR on both an infant resuscitation manikin and an adult resuscitation manikin placed on the floor, demonstrating the following techniques on each:
  - checking for response and normal breathing
  - recognising abnormal breathing
  - opening and clearing the airway
  - using correct hand location, compression depth rate in line with the ARC recommended ratio of compressions and ventilations
  - acting in the event of regurgitation or vomiting
  - following single rescuer procedure, including the demonstration of a rotation of operators with minimal interruptions to compressions

- activated and followed the prompts of an Automated External Defibrillator (AED)
- conducted a secondary survey, including checking pulse of at least one person and recording the rate
- applied first aid procedures for the following:
  - allergic reactions, including severe reactions
  - anaphylaxis
  - asthma
  - basic wound care
  - severe bleeding and haemorrhage
  - burns
  - cardiac arrest
  - choking and airway obstruction
  - convulsions
  - environmental impacts
  - envenomation (using pressure immobilisation)
  - fractures, sprains and strains (using arm slings, roller bandages or other appropriate immobilisation techniques)
  - poisoning
  - respiratory distress
  - shock
- provided an accurate verbal report of the incident
- responded to at least three simulated emergency scenarios contextualised to the candidate's remote and/or isolated situation

## Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- state/territory regulations, first aid codes of practice and workplace procedures including:
  - ARC guidelines relevant to provision of CPR and first aid
  - safe work practices to minimise risks and potential hazards
  - infection control principles and procedures, including use of standard precautions
  - requirements for currency of skill and knowledge
- legal, workplace and community considerations including:
  - need for stress-management techniques and available support following an emergency situation
  - duty of care requirements
  - respectful behaviour towards a casualty
  - own skills and limitations
  - consent
  - privacy and confidentiality requirements
  - importance of debriefing
- considerations when providing first aid, including:
  - airway obstruction due to body position
  - appropriate duration and cessation of CPR
  - appropriate use of an AED
  - standard precautions and infection control
- principles and procedures for first aid management of the following scenarios, contextualised to the candidate's remote and/or isolated situation:
  - abdominal injuries
  - allergic reactions
  - anaphylaxis
  - bleeding control
  - burns
  - cardiac conditions
  - choking and airway obstruction
  - cold and crush injuries
  - convulsions
  - diabetes
  - dislocations
  - drowning
  - envenomation
  - hypothermia
  - hyperthermia
  - dehydration
  - heat stroke
  - epilepsy
  - eye and ear injuries
  - fractures

- head, neck and spinal injuries
- minor skin injuries
- needle stick injuries
- poisoning and toxic substances
- respiratory distress including asthma
- seizures
- shock
- soft tissue injuries
- unconsciousness, abnormal breathing or not breathing
- remote considerations in the provision of first aid, including:
  - typical hazards and strategies for preparing supplies to address contingencies
  - management options relating to transporting casualty, including aero-medical evacuation
  - how to identify and prepare areas for safe evacuation, including aero-medical evacuation
  - how and when to access emergency response services
  - communication systems, equipment and methods available in remote situations
  - priorities of management in first aid when dealing with life-threatening conditions
  - specific considerations contextualised to alpine, desert, marine, rural/remote settings and tropical environments
- basic anatomy and physiology relating to:
  - absence of normal breathing
  - anatomy of the external chest
  - physiology relating to response/consciousness
  - upper airway anatomy and effect of positional change
  - anatomy and physiology considerations in provision of first aid for specified conditions, including specific considerations for remote settings

## Assessment Conditions

Skills must be demonstrated working individually:

- in an environment that provides realistic in-depth, industry-validated scenarios and simulations to assess candidates' skills and knowledge.

In addition, assessment resources must include:

- adult and infant resuscitation manikins in line with ARC guidelines for the purpose of assessment of CPR procedures
- first aid equipment including:
  - roller bandages
  - triangular bandages cloth
  - trauma dressings
  - placebo bronchodilator and spacer device
  - adrenalin auto-injector training device
  - an AED training device
  - clinical thermometer
  - evacuation stretcher
  - emergency rescue blanket
  - workplace first aid kit.

Simulated assessment environments must simulate the real-life working environment where these skills and knowledge would be performed, with all the relevant equipment and resources of that working environment.

Assessors must satisfy the NVR/AQTF mandatory competency requirements for assessors. In addition, assessors must hold:

- a current advanced first aid certificate

OR

- at least three years' experience as a health professional, nurse or emergency services provider

## Links

Companion volumes from the CS&HISC website - <http://www.cshisc.com.au>