



**Australian Government**

# **Assessment Requirements for HLTAID003 Provide first aid**

**Release: 1**

## Assessment Requirements for HLT AID003 Provide first aid

### Modification History

Release	Comments
Release 1	<p>This version was released in <i>HLT Health Training Package release 1.0</i> and meets the requirements of the New Standards for Training Packages.</p> <p>Significant changes to elements and performance criteria, changes to scope of unit.</p> <p>New evidence requirements for assessment.</p> <p>Removal of prerequisite unit</p>

### Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role.

There must be demonstrated evidence that the candidate has completed the following tasks at least once in line with state/territory regulations, first aid codes of practice, Australian Resuscitation Council (ARC) guidelines and workplace procedures:

conducted a hazard assessment and identified strategies to minimise risk

demonstrated safe manual handling techniques

assessed airway, breathing and responsiveness of casualty

performed at least four minutes of uninterrupted CPR on both an adult and an infant

resuscitation manikin placed on the floor, demonstrating the following techniques on each:

checking for response and normal breathing

recognising abnormal breathing

opening and clearing the airway

using correct hand location, compression depth rate in line with the ARC recommended ratio of compressions and ventilations

acting in the event of regurgitation or vomiting

following single rescuer procedure, including the demonstration of a rotation of operators with minimal interruptions to compressions

followed the prompts of an Automated External Defibrillator (AED)

conducted a verbal secondary survey

applied first aid procedures for the following:

allergic reactions

anaphylaxis

asthma

basic wound care

severe bleeding

burns

cardiac arrest

choking and airway obstruction

convulsions

envenomation (using pressure immobilisation)

fractures, sprains and strains (using arm slings, roller bandages or other appropriate immobilisation techniques)

poisoning

respiratory distress

shock

provided an accurate verbal report of the incident

responded to at least two simulated emergency scenarios contextualised to the candidate's workplace/community setting.

## Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- state/territory regulations, first aid codes of practice and workplace procedures including: ARC Guidelines relevant to provision of CPR and first aid
- safe work practices to minimise risks and potential hazards
- infection control principles and procedures, including use of standard precautions
- requirements for currency of skill and knowledge
- legal, workplace and community considerations including:
  - need for stress-management techniques and available support following an emergency situation
  - duty of care requirements
  - respectful behaviour towards a casualty
  - own skills and limitations
  - consent
  - privacy and confidentiality requirements
  - importance of debriefing
- considerations when providing first aid including:
  - airway obstruction due to body position
  - appropriate duration and cessation of CPR
  - appropriate use of an AED
- standard precautions and infection control
- principles and procedures for first aid management of the following scenarios:
  - abdominal injuries
  - allergic reactions
  - anaphylaxis
  - bleeding control
  - burns
  - cardiac conditions
  - choking and airway obstruction
  - cold and crush injuries
  - diabetes
  - dislocations
  - drowning
  - envenomation
  - environmental impact (including hypothermia, hyperthermia, dehydration and heat stroke)
  - epilepsy
  - eye and ear injuries
  - fractures
  - head, neck and spinal injuries
  - minor skin injuries
  - needle stick injuries
  - poisoning and toxic substances
  - respiratory distress, including asthma and other respiratory conditions
  - seizures
  - severe allergic and anaphylactic reactions

shock  
soft tissue injuries  
unconsciousness, abnormal breathing or not breathing  
basic anatomy and physiology relating to:  
absence of normal breathing  
anatomy of the external chest  
physiology relating to response/consciousness  
upper airway anatomy and effect of positional change  
anatomy and physiology considerations in provision of first aid for specified conditions

## Assessment Conditions

Skills must be demonstrated working individually:  
in an environment that provides realistic in-depth, industry-validated scenarios and simulations to enable assessment of candidates' skills and knowledge.

Assessment resources must include:  
adult and infant resuscitation manikins in line with ARC Guidelines for the purpose of assessment of CPR procedures  
first aid equipment including  
roller bandages  
triangular bandages cloth  
trauma dressings  
placebo bronchodilator and spacer device  
adrenalin auto-injector training device  
an AED training device  
emergency rescue blanket  
workplace first aid kit.

Simulated assessment environments must simulate the real-life working environment where these skills and knowledge would be performed, with all the relevant equipment and resources of that working environment.

Assessors must satisfy the NVR/AQTF mandatory competency requirements for assessors.

In addition, assessors must hold:  
a current advanced first aid certificate  
OR  
at least three years' experience as a health professional, nurse or emergency services provider.

## Links

Companion volumes from the CS&HISC website - <http://www.cshisc.com.au>