



Australian Government

HLTAHW058 Prepare for and support childbirth

Release: 1

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Modification History

Release	Comments
Release 1	<p>This version was released in <i>HLT Health Training Package release 1.0</i> and meets the requirements of the New Standards for Training Packages.</p> <p>Significant changes to elements and performance criteria. New evidence requirements for assessment, including volume and environment requirements</p> <p>Prerequisite units removed</p>

Application

This unit describes advanced skills and knowledge required to support Aboriginal and/or Torres Strait Islander women during childbirth and support of childbirth in a culturally safe environment.

This unit applies to those Aboriginal and/or Torres Strait Islander Health Workers working independently and as part of a multidisciplinary team to deliver primary health care services to Aboriginal and/or Torres Strait Islander clients and communities.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

1. Plan and support culturally safe birthing for women and their families

1.1 Identify local birthing practices and cultural beliefs and discuss with women in planning and advocating for culturally appropriate and safe birthing options

1.2 Discuss roles, relationships and responsibilities to support culturally safe birthing, including the role of the Aboriginal and/or Torres Strait Islander Health Worker as an advocate for women and families

1.3 Discuss and identify signs of onset of labour and support women to attend the planned place of birth as required

1.4 Provide physical and emotional support to women as appropriate during childbirth and the immediate post-partum period

1.5 Support women and their families to take a self-care approach in line with individual needs to organisation and community requirements

1.6 Maintain referral and communication networks with medical staff, specialist obstetricians, midwives, allied health staff, birthing facilities and female community Elders regarding culturally safe birthing options and services

ELEMENT

Elements define the essential outcomes.

2. Prepare and deliver safe birthing

PERFORMANCE CRITERIA

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

- 2.1 Maintain emergency delivery bundles and instructions in isolated community settings
- 2.2 Identify signs and symptoms of imminent unexpected childbirth
- 2.3 Seek urgent professional assistance and advice with birthing as necessary
- 2.4 Prepare to manage untimely birth in a community or home setting using the best available resources
- 2.5 Identify helpers and allocate tasks as appropriate based on experience and knowledge
- 2.6 Prepare appropriate equipment and medication
- 2.7 Institute basic management of second and third stages of labour, if needed
- 2.8 Undertake initial management of post-partum haemorrhage according to emergency care guidelines and organisational protocols, as well as other common birthing emergencies
- 2.9 Arrange safe evacuation in consultation with medical or midwifery staff if required and as per organisation procedures

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

3. Monitor and evaluate care

- 3.1 Monitor care of individual women after birth according to organisation procedures
- 3.2 Regularly update client files with birthing and postnatal details according to organisation procedures and policies
- 3.3 Review progress and outcomes in consultation with pregnant woman
- 3.4 Maintain registers of women undergoing postnatal care according to organisation policies and procedures
- 3.5 Keep schedules of participation in antenatal care and use to organise continuing care according to woman's needs
- 3.6 Organise transport and other assistance as required to women post-birth
- 3.7 Supervise other staff participating in provision of birthing practices
- 3.8 Maintain referral and communication networks with medical staff, specialist obstetricians, midwives, allied health staff, birthing facility staff and female community Elders
- 3.9 Keep statistics for birthing outcomes and use to evaluate maternal health programs

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance.

Numeracy

- in order to measure and interpret vital signs during labour, including temperature, pulse and respiration (TPR), blood pressure, rate of contractions and foetal heart beat detected using foetal stethoscope and Doppler

Learning

- in order to draw selectively on past experience and learning and adapt to new context

Other foundation skills essential to performance are explicit in the performance criteria of this unit.

Unit Mapping Information

No equivalent unit.

Links

www.cshisc.com.au - <http://www.cshisc.com.au>